





PRODUCT INFORMATION

IMPORTANT SAFETY INFORMATION

It is the sole responsibility of the purchaser of Vision products to instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment.

It is recommended that all users of Vision exercise equipment be informed of the following information prior to its use.

Do not use any equipment in any way other than designed or intended by the manufacturer. It is imperative that Vision equipment be used properly to avoid injury.

INSTALLATION

1. **STABLE AND LEVEL SURFACE:** Vision exercise equipment must be installed on a stable base and properly leveled.
2. **SECURING EQUIPMENT:** Manufacturer recommends that **all stationary Vision strength equipment be secured to the floor to stabilize equipment and eliminate rocking or tipping over. This must be performed by a licensed contractor.**
3. Under no circumstances should you slide equipment across the floor due to risk of tipping. Use proper materials handling techniques and equipment recommended by OSHA.

All anchor points must be able to withstand 750 lbs.. (3.3 kN) pull-out force.

MAINTENANCE

1. DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by your country's local Vision dealer.
2. **MAINTAIN LABELS AND NAMEPLATES:** Do not remove labels for any reason. They contain important information. If unreadable or missing, contact your Vision dealer for a replacement.
3. **MAINTAIN ALL EQUIPMENT:** Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
4. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so.

ADDITIONAL NOTES

This equipment should only be used in supervised areas where access and control is specifically regulated by the owner. It is up to the owner to determine who is allowed access to this training equipment. The owner should consider a user's-degree of reliability, age, experience, etc.

This training equipment meets industry standards for stability when used for its intended purpose in accordance with the instructions provided by the manufacturer.

This equipment is for indoor use only. This training equipment is a Class S product (designed for use in a commercial environment such as a fitness facility). This training equipment is in compliance with EN ISO 20957-1:2024 and EN ISO 20957-2:2024.

UNPACKING

Thank you for purchasing a Vision Fitness product. It is inspected before it is packaged. It is shipped in multiple pieces to facilitate the compact packaging of the machine. Prior to assembly, confirm all the components by matching them with the exploded diagrams. Carefully unpack the unit from this box and dispose of the packing materials in accordance with your local laws. Exercise device must be assembled by a trained assembly team or be pre-assembled prior to delivery.

CAUTION

To avoid injury to yourself and prevent damage to the frame components, be sure to have proper assistance removing the frame pieces from this box. Please be sure to install the equipment on a stable base, and properly level the machine. Ensure a minimum clearance width of 0.6 meters (24") for access to and passage around Vision strength equipment. Please note, 0.91 meters (36") is the ADA recommended clearance width for individuals in wheelchairs.

WARRANTY

As a promise of quality to you, Vision offers warranties on everything we make. Contact your local authorized Vision dealer to find out how we're protecting your vision of fitness today, tomorrow and years down the road.

WARNING

DEATH OR SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT. FOLLOW THESE PRECAUTIONS TO AVOID INJURY!

1. Keep children under the age of 14 away from this strength training equipment. Teenagers must be supervised at all times while using this equipment.
2. This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.
3. All warnings and instructions should be read and proper instruction obtained prior to use. Use this equipment for its intended purpose ONLY.
4. Inspect the machine before use. DO NOT use machine if it appears damaged or inoperable.
5. Do not exceed weight capacity of this equipment.
6. Check to see that the selector pin is completely inserted into the weight stack.
7. NEVER use the machine with the weight stack pinned in an elevated position.
8. NEVER use dumbbells or other means to incrementally increase the weight resistance. Only use the means provided directly from the manufacturer.
9. Injuries to health may result from incorrect or excessive training. Cease exercise if you feel faint or dizzy. Obtain a medical exam before beginning an exercise program.
10. Keep body, clothing, hair, and fitness accessories free and clear of all moving parts.
11. Adjustable stops, where provided, must be used at all times.
12. When adjusting any adjustable mechanism (stop position, seat position, pad location, range of motion limiter, pulley carriage, or any other type), make certain that the adjustable mechanism is fully engaged prior to use to prevent unintended motion.
13. Manufacturer recommends that this equipment be secured to the floor to stabilize and eliminate rocking or tipping over. Use a licensed contractor.
14. If equipment is NOT secured to floor: NEVER allow resistance straps, ropes or other means to be attached to this equipment, as this may result in serious injury. NEVER use this equipment for support during stretching, as this may result in serious injury.
15. DO NOT REMOVE THIS LABEL. REPLACE IF DAMAGED OR ILLEGIBLE.

General Selectorized



PRODUCT INFORMATION

PROPER USAGE

1. Do not exceed weight limits of the exercise device.
2. If applicable, set safety stops to appropriate height.
3. If applicable, adjust seat pads, leg pads, foot pads, range of motion adjustment, or any other type of adjustment mechanisms to a comfortable start position. Make certain that the adjusting mechanism is fully engaged to prevent unintentional movement and to avoid injury.
4. Sit on bench (if applicable) and get into appropriate position for exercise.
5. Exercise using no more weight than you can safely lift and control.
6. In a controlled manner, perform exercise.
7. Return weight to its fully-supported start position.

MAINTENANCE CHECKLIST

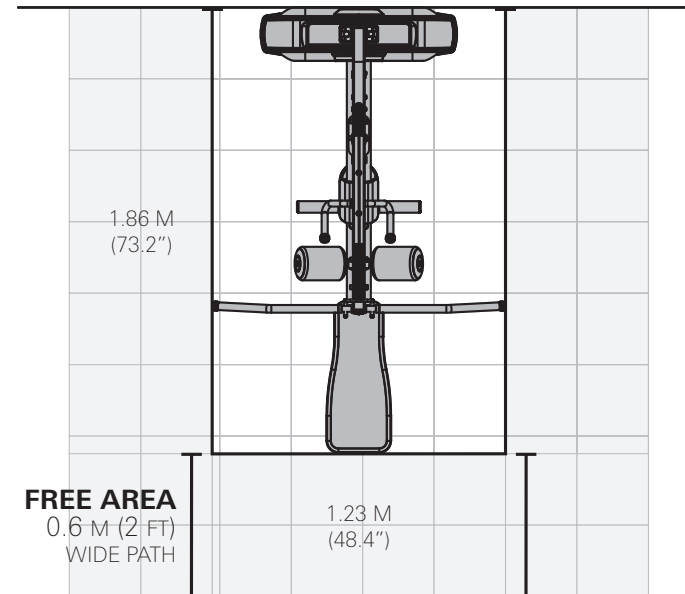
ACTION	FREQUENCY
Inspect Cables ²	Daily
Clean Guide Rods	Monthly
Inspect Hardware	Monthly
Inspect Frame	Bi-Annually
Clean Machine	As Needed
Clean Grips ¹	As Needed
Lubricate Guide Rods ³	As Needed

¹ Upholstery & Grips should be cleaned with a mild soap and water or a non-ammonia based cleaner.

² Cables should be inspected for cracks or frays and immediately replaced if present. If excessive slack exists cable should be tightened without lifting the head plate.

³ Guide rods should be lubricated with Teflon based lubricant. Apply the lubricant to a cotton cloth and then apply up and down the guide rods.

TRAINING AREA



PRODUCT SPECIFICATIONS

Maximum User Weight	150 kg / 330 lbs.
Maximum Training Weight	86 kg / 190 lbs.
Product Weight	217.9 kg / 480.4 lbs.
Weight Stack	86 kg / 190 lbs.
Add-On-Weight	N/A
Overall "Static" Dimensions (L x W x H)*	186 x 123 x 224 cm / 73.2" x 48.4" x 88.2"
Overall "In-Use" Dimensions (L x W x H)	186 x 123 x 224 cm / 73.2" x 48.4" x 88.2"

* Ensure a minimum clearance width of 0.6 meters (24") for access to and passage around Vision strength equipment. Please note, 0.91 meters (36") is the ADA recommended clearance width for individuals in wheelchairs.

TORQUE VALUES

M12 Bolt (Nyloc Nut & Flowdrill)	60 Nm / 44 ft-lbs.
M10 Bolt (Nyloc Nut & Flowdrill)	40 Nm / 30 ft-lbs.
M8 Bolts	25 Nm / 18 ft-lbs.
M8 Plastic	15 Nm / 11 ft-lbs.
M6 Bolts	10 Nm / 7 ft-lbs.
M10 Pad Bolts	20 Nm / 15 ft-lbs.



ASSEMBLY

LOOSELY TIGHTEN

Loosely tighten all hardware in this step. DO NOT Fully Tighten. Some component(s) may need pre-assembly and or alignment during the assembly process.

FULLY TIGHTEN

Wrench tighten all hardware in this step.

- 28** Ø60X11.6 x2
29 Ø30XØ19X45 x1
32 Ø8 x1
33 M10X75 x4
34 M10X65 x5
36 M10X50 x7
37 M10X30 x4
38 M8X20 x1
39 M10X20 x2
40 M8X20 x4
41 M8X10 x2
42 M10X30 x2
43 M10X85 x2
44 M6X20 x6
45 Ø11XØ20X2 x40
46 Ø9XØ16X1.6 x6
47 Ø10 x8
48 Ø8 x6
49 M10 x16

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TOOLS REQUIRED FOR ASSEMBLY

4MM L-Shaped Allen Wrench



6MM L-Shaped Allen Wrench



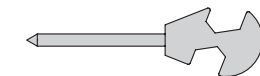
8MM L-Shaped Allen Wrench



10MM L-Shaped Allen Wrench



17MM Open-End Wrench/Phillips Screwdriver



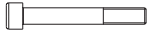
15MM Open-End Wrench

19MM Open-End Wrench

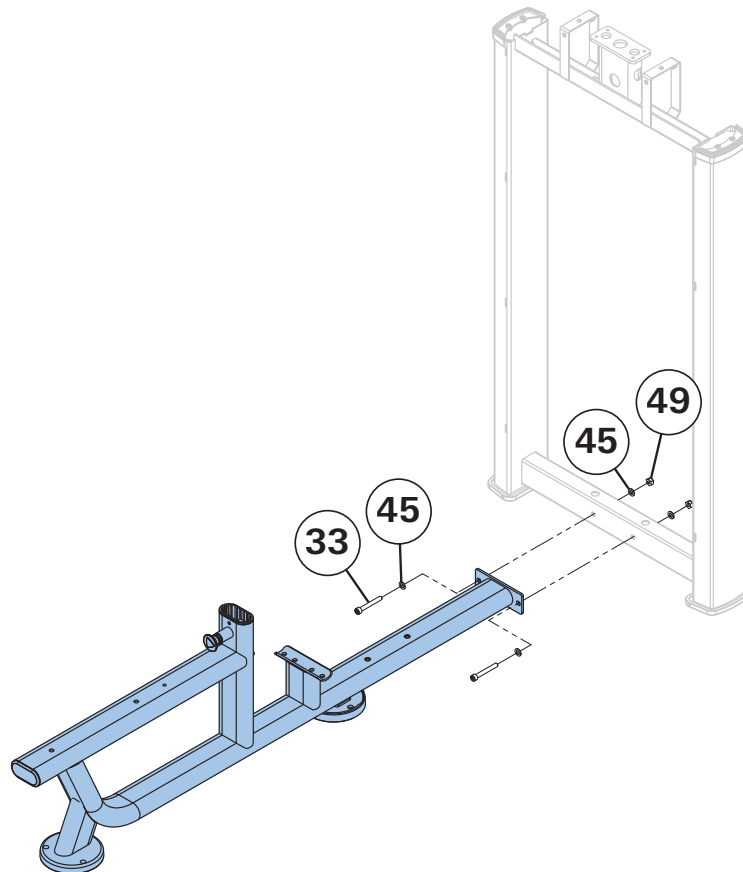


ASSEMBLY

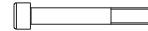
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- 33 M10X75 45 Ø11XØ20X2 49 M10
  
 x2 x4 x2

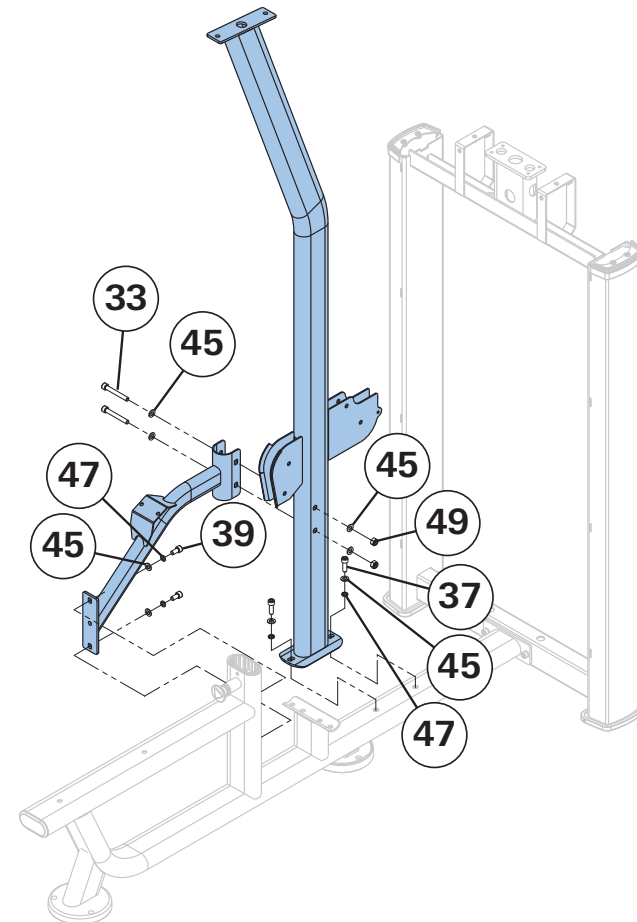
Loosely Tighten



2

- 33 M10X75 37 M10X30 39 M10X20 45 Ø11XØ20X2 47 Ø10 49 M10
     
 x2 x2 x2 x8 x4 x2

Loosely Tighten





ASSEMBLY

3

- 37 M10X30

40 M8X20

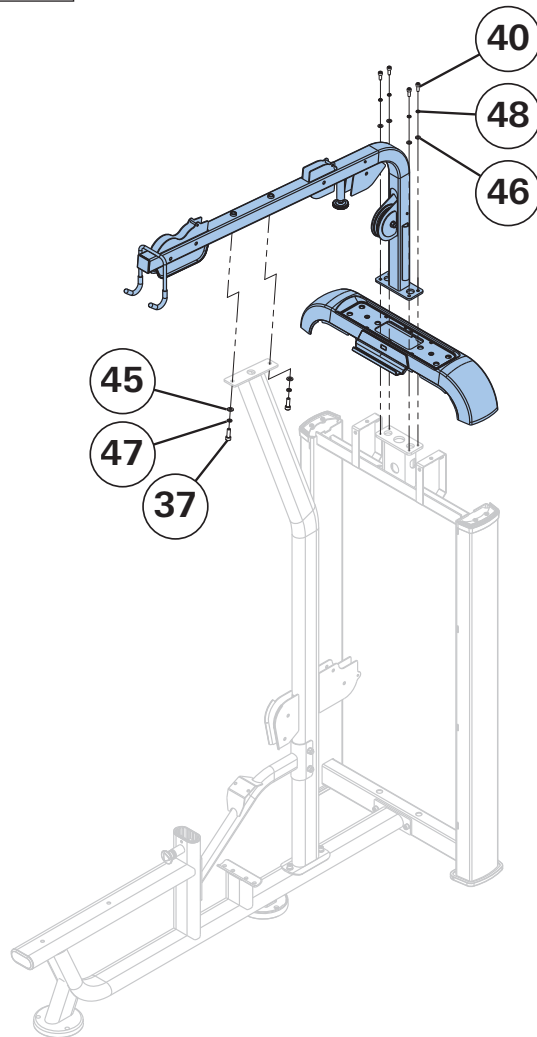
45 Ø11XØ20X2

46 Ø9XØ16X1.6

47 Ø10

48 Ø8
- x2
 x4
 x2
 x4
 x2
 x4

Fully Tighten



4

- 34 M10X65

38 M8X20

41 M8X10

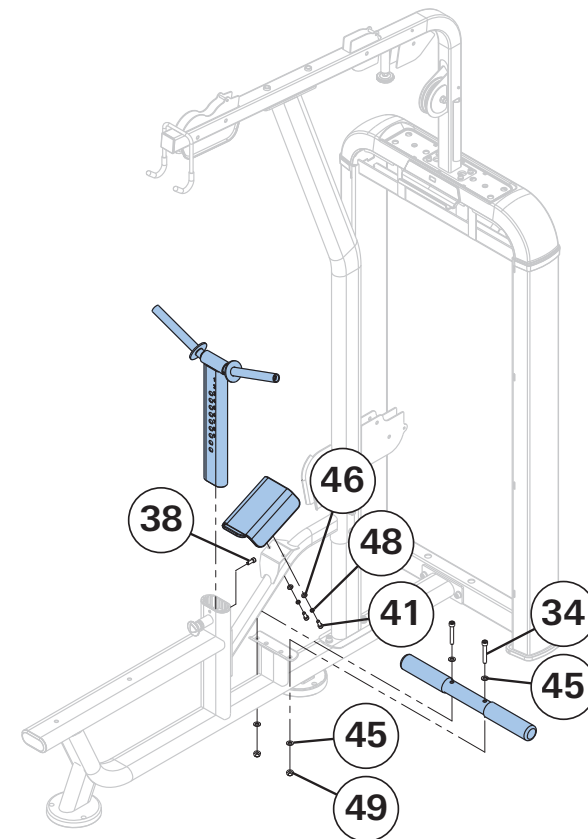
45 Ø11XØ20X2

46 Ø9XØ16X1.6

48 Ø8

49 M10
- x2
 x1
 x2
 x4
 x2
 x2
 x2

Fully Tighten





ASSEMBLY

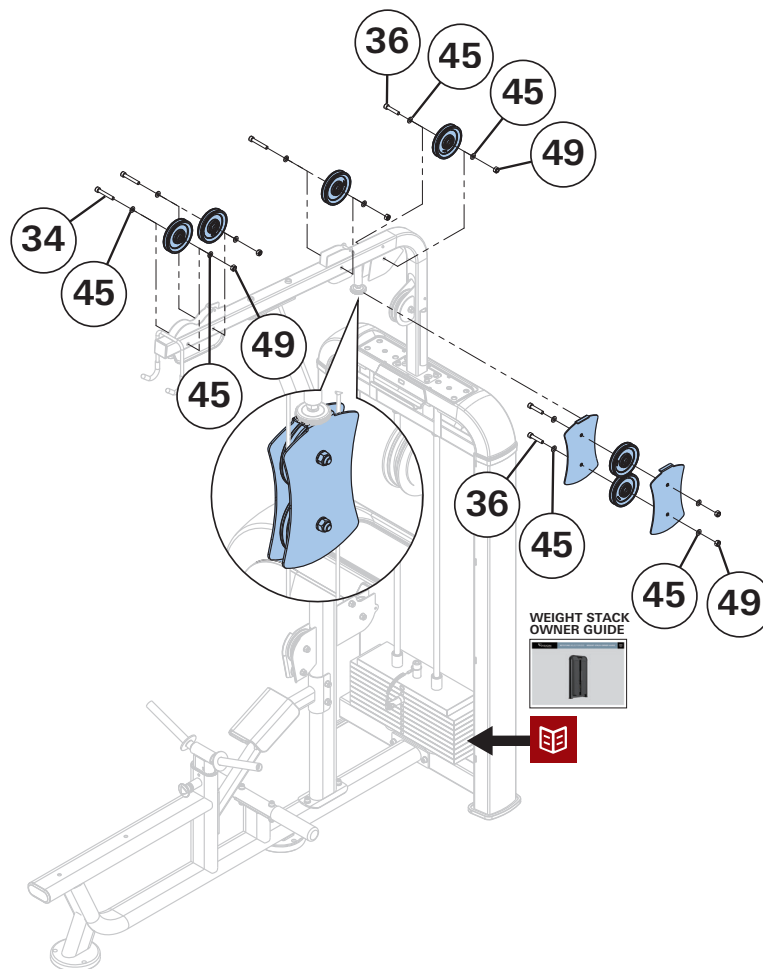
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- 34 M10X65
 - 36 M10X50
 - 45 Ø11XØ20X2
 - 49 M10
- x3

x3

x12

x6



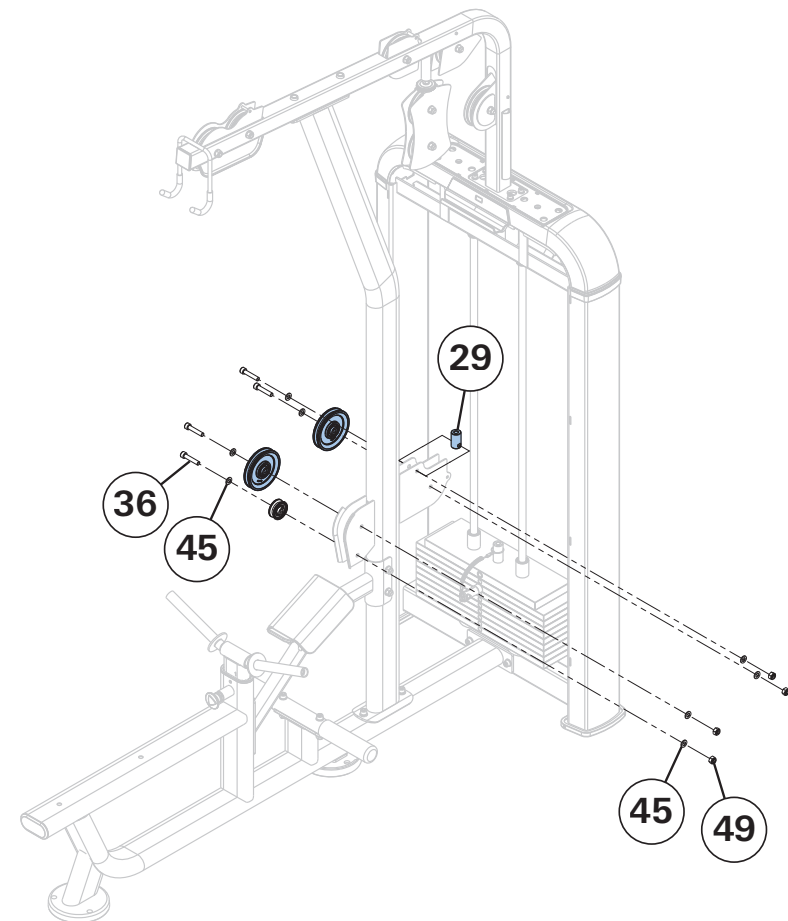
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- 29 Ø30XØ19X45
 - 36 M10X50
 - 45 Ø11XØ20X2
 - 49 M10
- x1

x4

x8

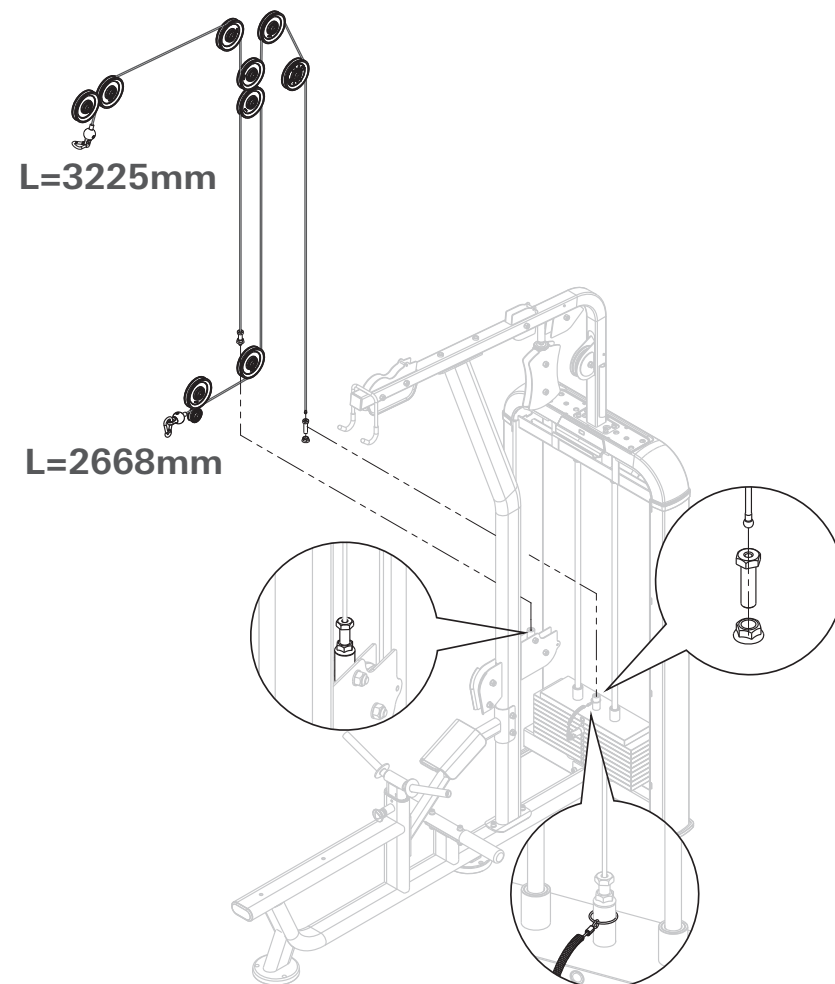
x4





ASSEMBLY

7

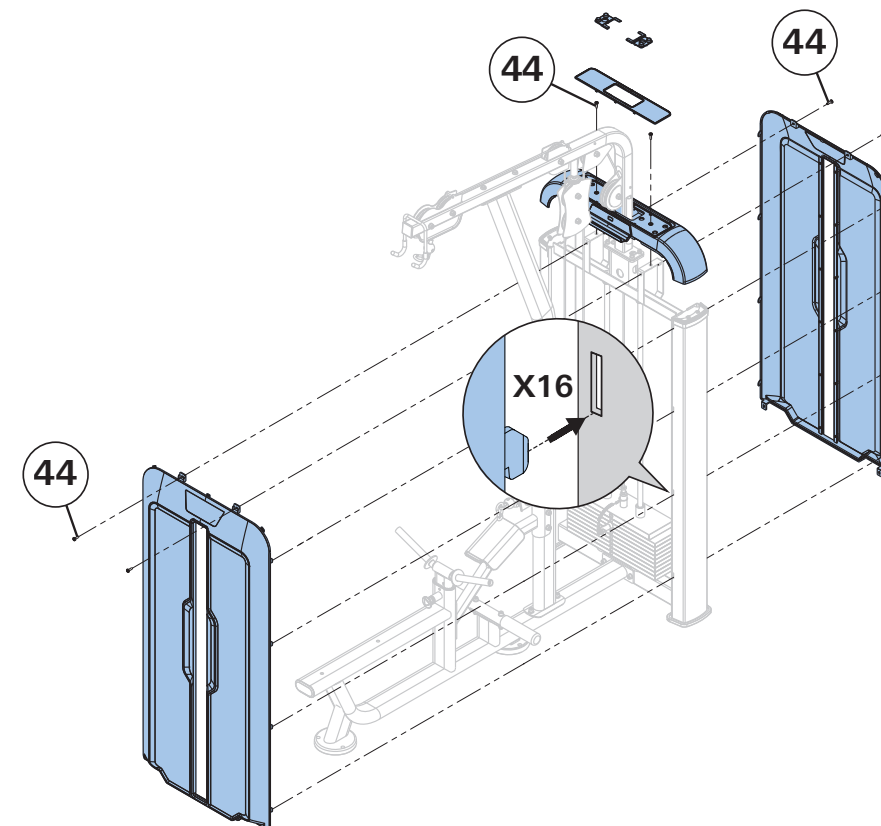


8

44 M6X20



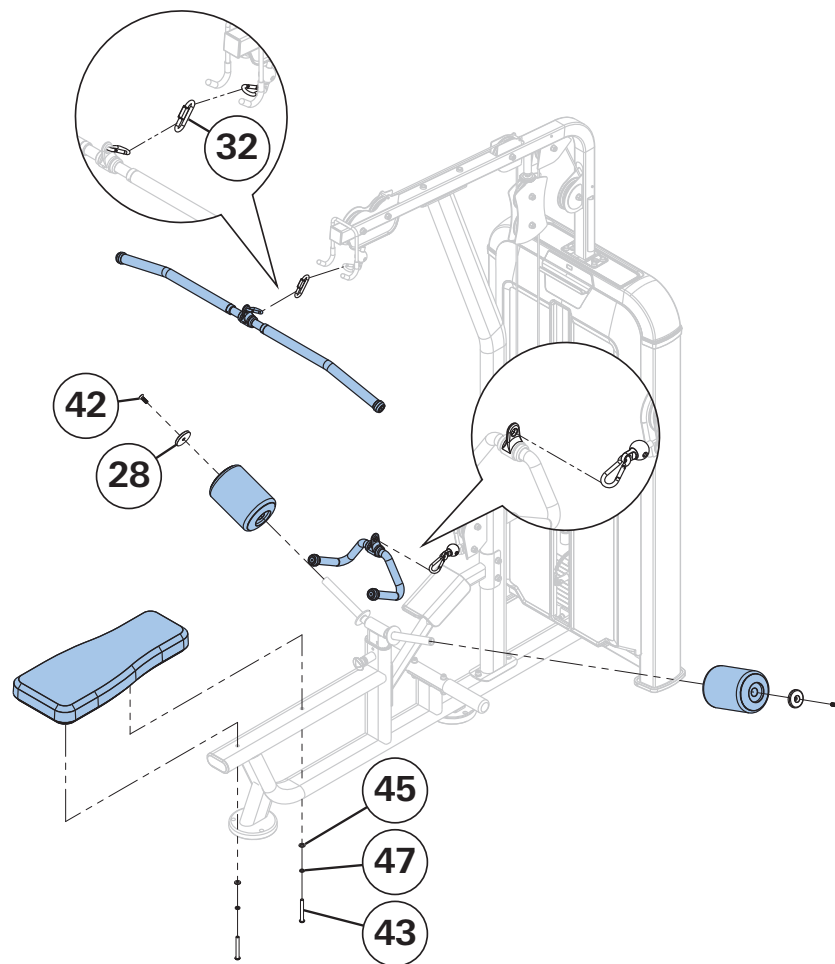
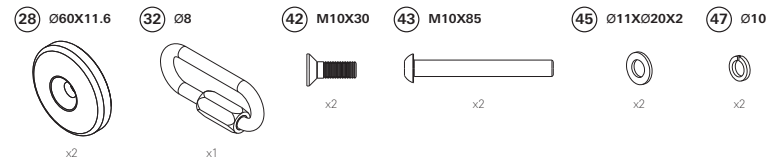
x6



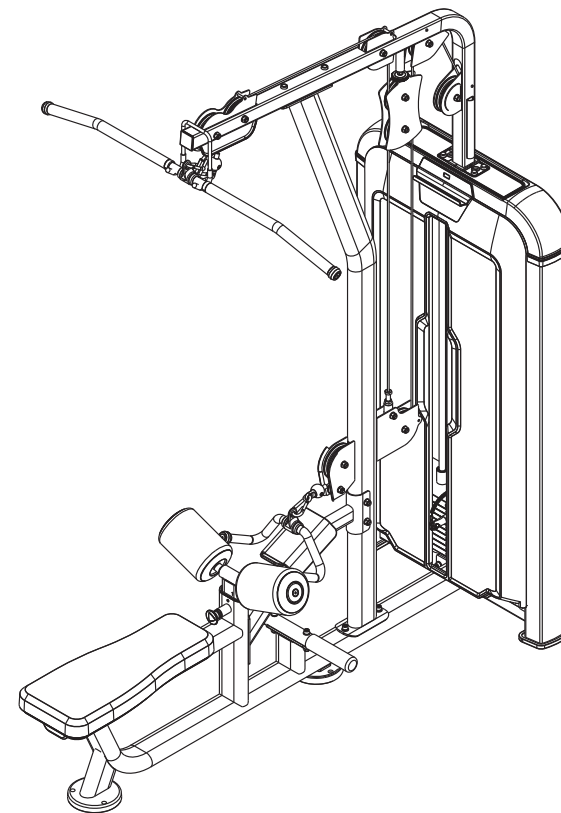


ASSEMBLY

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ASSEMBLY COMPLETE



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