



AURA SERIES 5-STACK MULTI-STATION Configuration Guide



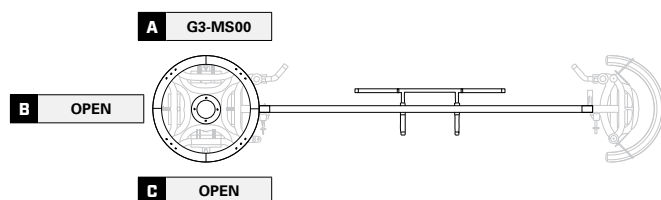
Available Stations

	G3-MS00 *	G3-MS24	G3-MS51	G3-MS52	G3-MS53
	BLANK STATION	ADJUSTABLE PULLEY	LAT PULLDOWN	TRICEPS PRESSDOWN	LOW ROW
Product Weight	575 kg / 127 lbs.	181 kg / 398.5 lbs.	252 kg / 556 lbs.	171.5 kg / 377.5 lbs.	260 kg / 573 lbs.
Overall Dimensions (L x W x H)	67.5 x 34.5 x 240 cm / 26.5" x 13.5" x 94.5"	68 x 70 x 240 cm / 27" x 28" x 94.5"	140 x 120 x 252 cm / 55" x 47.5" x 99.5"	85 x 59 x 240 cm / 33.5" x 23.5" x 94.5"	230 x 71 x 240 cm / 91" x 28" x 94.5"
Weight Stack	N/A	91 kg / 200 lbs.	134 kg / 295 lbs.	91 kg / 200 lbs.	134 kg / 295 lbs.
Weight Stack Effective Resistance	N/A	45 kg / 100 lbs.	N/A	N/A	N/A

* IMPORTANT:

If a 5-stack includes a G3-MS00 Blank Station, it **must be bolted-down** unless one of the below conditions are met:

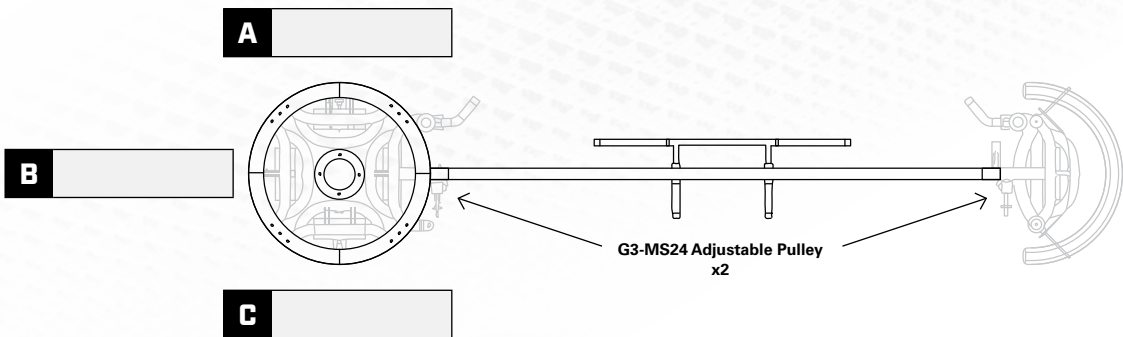
- The 2 open stations must be G3-MS51 Lat Pulldowns.
- The 2 open stations must be G3-MS53 Low Rows.
- The 2 open stations must be a G3-MS51 Lat Pulldown & a G3-MS53 Low Row.



G3-MS00	G3-MS24	G3-MS51	G3-MS52	G3-MS53
BLANK STATION	ADJUSTABLE PULLEY	LAT PULLDOWN	TRICEPS PRESSDOWN	LOW ROW

5-Stack Configuration

Choose any 3 stations, in any combination for locations A, B, and C.
Two G3-MS24 Adjustable Pulley stations required for cable cross.



Required Connection Kits

MODEL #	MODEL NAME	QTY
G3-MS50CK	5-stack Connection Kit	1
G3-MS40CK	4-stack Connection Kit	1

