

VERSA

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MATRIX
Strong • Smart • Beautiful

AUTHORIZED MATRIX FITNESS DISTRIBUTOR

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INNOVATING STRENGTH

By studying how people interact with strength machines, our biomechanics experts have created a system that precisely matches the body's natural movements. So when your members use the Versa series, the result – a more comfortable and effective workout.



The POWER^{of} CHOICE⁽⁺⁾

With Versa, Matrix continues to demonstrate its dedication to helping you build your business, transform how you train your clients and control your bottom line. Versa has three different specifications that fit customers' need and allow you to create an environment in your facility that's attractive, inviting and incredibly motivating.

■ VERSA LINES include

- VERSA w/light weight stacks
- VERSA w/heavy weight stacks
- VERSA PLUS

■ AVAILABLE FOOT SUPPORT KIT for

- Converging Chest Press
- Converging Shoulder Press
- Biceps Curl
- Back Extension



VS-S13P



VS-S22P



VS-S33P



VS-S34P



VS-S42P



VS-S40P



VS-S23P



VS-S13/
VS-S13H



VS-S22/
VS-S22H



VS-S33/
VS-S33H



VS-S34/
VS-S34H



VS-S42/
VS-S42H



VS-S40/
VS-S40H



VS-S23/
VS-S23H



Converging Chest Press

- independent converging movement provides a natural path of motion
- designed for easy entry and exit
- adjustable start position facilitates increased range of motion
- the foot support kit is optional for Converging Chest Press

Pectoral Fly / Rear Delt

- large oversized grips accommodate users of all sizes
- forward-facing user position for both movements provides greater comfort and ease of use
- wide motion for improved biomechanics and dual function

Diverging Lat Pulldown

- independent diverging movement provides a natural path of motion
- angled seat encourages proper user position
- thigh pad easily adjusts to provide stability and comfort

Diverging Seated Row

- independent cable movement provides a user-defined path of motion and exercise variety
- adjustable chest pad accommodates users of all sizes
- rotating grips provide maximal comfort and ergonomic hand positioning throughout range of motion

Seated Triceps Press

- rotating handles adapt to users of all sizes
- angled back pad reduces stress improving stabilization and comfort

Bicep Curl

- arm pad is angled for stability, and limits unwanted shoulder movement during exercise
- optimized pivot location creates biomechanically correct range of motion
- the foot support kit is optional for Bicep Curl

Converging Shoulder Press

- independent converging movement provides a natural path of motion
- dual-position hand grips allow for greater training variety
- counterbalanced pressing arms for optimized starting resistance
- the foot support kit is optional for Converging Shoulder Press

VS-S70P



VS-S72P



VS-S78P



VS-S71P



VS-S74P



VS-S53P



VS-S52P



VS-S70/
VS-S70H



VS-S72/
VS-S72H



VS-S78/
VS-S78H



VS-S71/
VS-S71H



VS-S74/
VS-S74H



VS-S53/
VS-S53H



VS-S52/
VS-S52H



Leg Press / Calf Press

- one-handed start adjustment for ease of use
- air shock assisted foot platform provides smoother adjustments
- assistance handle and low step over height for easy access
- footplate identifies user foot position with unique visual indicators

Seated Leg Curl

- angled seat and unique pivot location for full hamstring contraction
- tibia pad and range of motion adjustments are easily accessible from a seated position
- back pad ratchets forward for easy adjustment from the seated position
- adjustable thigh pad provides stabilization during exercise

Glute

- adjustable chest pad accommodates users of all sizes
- low step height stabilization platform for ease of use
- upright user position, contoured elbow pads and large foot pad for added user comfort

Leg Extension

- angled seat and back pad encourages full quadriceps contraction for user movement
- self-adjusting tibia pad for greater ease of use
- pivot location clearly marked to encourage correct alignment
- back pad ratchets forward for easy adjustment from the seated position

Hip Abductor / Adductor

- dual function machine saves space and increases functionality
- clearly indicated adjustments for ease of use
- reclined position for greater lumbar support

Abdominal

- 3-position design trains abdominals and obliques for added exercise variety and core rotation
- ergonomic back pad for improved range of motion and comfort

Back Extension

- multi-position foot placement accommodates a variety of users
- contoured back pad for enhanced user comfort
- the foot support kit is optional for Back Extension

RAISING THE BAR

What does it take to deliver a better user experience? Challenging the norm to deliver a series of strength machines that gives your members more confidence, from the moment they approach a machine to when they complete their final rep. That’s Versa.



Independent Converging/ Diverging Motion

Select machines offer converging and diverging motions that encourage a natural path of motion for increased comfort and independent arm movement for superior functionality and variety.



Color-Coded Adjustment Points

Conveniently located adjustment points are clearly marked for ease of use.



Ergo Form Grips

Grips are over-molded to ensure a comfortable and non-slip feel.



Easy Adjustment Pin

Easy adjustment pin is standard on the Versa where the exercise needs to be adapted for different sized individuals or anatomical limitations.



Foot Support Kit

The foot support kit accomodates users of all sizes for additional lower body support.



Incremental Weight

The incremental weight is easily accessible from the seated position.



Action Specific Grips

Ergonomically designed, function specific handles reduce stress on contact points to enhance comfort.



Electronic Rep Counter

Integrated system tracks repetitions, activity time, and rest time for a simplified workout experience.



Air Shock Assisted Seat Adjustments

The seat features an air shock for smoother adjustment. To prevent seat movement and increased stability, the seat also features a 4-bar linkage design.



Ergonomic Adjustment Handles

The ergonomic adjustment handles provide greater comfort and ease of use.

SPECIFICATIONS/INFORMATION

VERSA (+) SINGLE STATION STRENGTH	PRODUCT DIMENSION						PRODUCT WEIGHT		WEIGHT STACK		VERSA SINGLE STATION STRENGTH	PRODUCT DIMENSION						PRODUCT WEIGHT		WEIGHT STACK		PRODUCT WEIGHT		WEIGHT STACK			
	METRIC (CM)			ENGLISH (INCHES)								METRIC (CM)			ENGLISH (INCHES)			HEAVY		HEAVY		LIGHT		LIGHT			
	L	W	H	L	W	H	KG	LBS	KG	LBS		L	W	H	L	W	H	KG	LBS	KG	LBS	KG	LBS	KG	LBS	KG	LBS
VS-S13P Converging Chest Press	91.5	137	168	36	54	66	232	511	104	230	VS-S13H/VS-S13 Converging Chest Press	91.5	137	160	36	54	63	231	509	104	230	198.5	438	73	160		
VS-S34P Diverging Seated Row	139.5	100.5	168	55	39.5	66	228.5	503	104	230	VS-S34H/ VS-S34 Diverging Seated Row	139.5	100.5	160	55	39.5	63	227.5	501	104	230	196	432	73	160		
VS-S72P Seated Leg Curl	157.5	113	168	62	44.5	66	256.5	565	91	200	VS-S72H/VS-S72 Seated Leg Curl	157.5	113	160	62	44.5	63	255.5	563	91	200	233	514	68	150		
VS-S71P Leg Extension	129	136.5	168	51	54	66	226	498	104	230	VS-S71H/VS-S71 Leg Extension	129	136.5	160	51	54	63	225	496	104	230	194	428	73	160		
VS-S23P Converging Shoulder Press	155	140	168	61	55	66	260	573	104	230	VS-S23H/VS-S23 Converging Shoulder Press	155	140	160	61	55	63	259	571	104	230	228	502	73	160		
VS-S70P Leg Press	184	98	168	73	35.5	66	306	674	188	415	VS-S70H/VS-S70 Leg Press	184	98	160	73	35.5	63	305	672	188	415*	267	589	188	415		
VS-S33P Diverging Lat Pulldown	150	123	189	59	48.5	74.5	309	681	104	230	VS-S33H/VS-S33 Diverging Lat Pulldown	150	123	189	59	48.5	73.9	308	679	104	230	274	604	73	160		
VS-S42P Seated Triceps Press	152	107	168	60	42	66	264	582	104	230	VS-S42H/VS-S42 Seated Triceps Press	152	107	160	60	42	63	263	580	104	230	231.5	510	73	160		
VS-S40P Bicep Curl	124	113	168	49	44.5	66	248	547	91	200	VS-S40H/VS-S40 Bicep Curl	124	113	160	49	44.5	63	247	545	91	200	224	493	68	150		
VS-S53P Abdominal	138	124	168	54	49	66	213.5	470	104	230	VS-S53H/VS-S53 Abdominal	138	124	160	54	49	63	212.5	468	104	230	181	399	73	160		
VS-S74P Hip Adduction/Abduction	167.5	62	168	66	24.5	66	246.5	543	104	230	VS-S74H/VS-S74 Hip Adduction/Abduction	167.5	62	160	66	24.5	63	245.5	541	104	230	214	471	73	160		
VS-S22P Pec Fly/Rear Delt	152	152	168	60	60	66	227	500	91	200	VS-S22H/VS-S22 Pec Fly/Rear Delt	152	152	160	60	60	63	226	498	91	200	203	447	68	150		
VS-S52P Back Extension	126	114	168	50	45	66	238.5	526	104	230	VS-S52H/VS-S52 Back Extension	126	114	160	50	45	63	237.5	524	104	230	209	461	73	160		
VS-S78P Glute	132	100	168	52	39	66	186	410	68	150	VS-S78H/VS-S78 Glute	132	100	160	52	39	63	185	408	68	150*	185.5	409	68	150		

*There are two models only with one weight stacks, no heavy option: Glute (150 lbs.), Leg Press (415 lbs.)

VERSA (+) / VERSA Color Selection

FINISH COLOR

ICE SILVER

UPHOLSTERY OPTIONS

OBSIDIAN BLACK

SLATE BLUE

CLAY RED

Images and specifications subject to change without notice.