Summit Ascent Trainer

V-SUM-AT-F



Count on our variable stride and incline for versatile, low-impact workouts in demanding fitness environments.

- Footprint 10% smaller than competitors delivers maximum performance in minimal space
- Variable stride and incline target different muscles through varied workout motions
- Wheel- and track-free design delivers smooth, quiet, low-friction performance



Product availability may vary by region. Please contact your local office for more information.

Console	
Display	14 x 10 dot-matrix workout profile LEDs and 22 numeric LEDs
Workouts	Go, manual, fat burn, intervals, constant watts†, goal, target heart rate, fitness tests
	†Some of these programs may not be available on this frame.
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Russian, Polish
WiFi	Optional: for connection to Vision Asset Management

Console	
Bluetooth	Yes: connection to Vision Fitness app, heart rate device or FTMS-enabled fitness app
USB Port	Yes: USB-A for device charging and software updates
Workout Feedback	5 displays allow user to toggle between time and distance, resistance level and calories, speed and RPM, watts and METS, heart rate and incline
NFC	Yes: one-tap connection to Vision Fitness app
Tablet Holder	Yes
QR Code	Yes: connects to console demonstration video and Vision Fitness app download link
Power consumption when turned off	≤ 0.3 W
Power consumption in standby mode	≤ 0.5 W
Frame	
Frame Type	Ascent Trainer
Variable Stride Length	52–57.5 cm / 20”–23”
Step-on Height	21.6 cm / 8.5”
Power Incline	15%–37%
Resistance System	Two-stage, self-powered generator
Resistance Range	1–30
Pedal Type	Oversized with rubber inserts and front guard
Pedal Spacing	5.9 cm / 2.3”
Handlebar Design	Dual action and stationary with heart rate grips
Extras	Water bottle holder, reading rack
Assembled Dimensions (L x W x H)	182 x 84 x 171 cm / 71.6” x 33” x 67”
Assembled Weight	155 kg / 341.7 lbs.
Max User Weight	182 kg / 400 lbs.
Power Requirements	100–240 V — 50/60 Hz AC (may vary by region)
Power Supply	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary by region)