Summit Ascent Trainer

V-SUM-AT-F





Count on our variable stride and incline for versatile, low-impact workouts in demanding fitness environments.

- Footprint 10% smaller than competitors delivers maximum performance in minimal space
- Variable stride and incline target different muscles through varied workout motions
- Wheel- and track-free design delivers smooth, quiet, low-friction performance

Product availability may vary by region. Please contact your local office for more information.

Console

Display	41 cm / 16” class capacitive touchscreen LCD
Workouts	Manual, interval training, fat burn, HR weight loss, HR interval, constant watts, interval watts, hill watts, time goal, distance goal, calorie goal, random
	Note: some of these workouts may not be available on this frame.
Heart Rate	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish,

Console	
	Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
Analog TV	Optional: NTSC, PAL, SECAM
Digital TV	Optional: ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
Pro:Idiom Compatibility	Optional (via coax)
WiFi	Yes
USB Port	Yes: USB-A for device charging, device media, software updates
HDMI IN Port	Yes: screen casting from smart devices that support HDMI output
Workout Feedback	Distance, speed, floors, steps, heart rate, watts, METs, SPM, RPM, pace, calories, time, resistance, level, incline
	Note: some of this feedback may not be available on this frame.
Bluetooth	Yes: heart rate, headphones, FTMS transmits speed and other data to training apps
CSAFE	No
NFC	Yes: one-tap connection to Vision Fitness app
Tablet Holder	Yes
QR Code	Yes: connects to console demonstration video and Vision Fitness app download link
Power consumption when turned off	≤ 0.3 W
Power consumption in standby mode	≤ 0.5 W
Frame	
Frame Type	Ascent Trainer
Variable Stride Length	52–57.5 cm / 20”–23”
Step-on Height	21.6 cm / 8.5”
Power Incline	15%–37%
Resistance System	Two-stage, self-powered generator
Resistance Range	1–30
Pedal Type	Oversized with rubber inserts and front guard

Frame	
Pedal Spacing	5.9 cm / 2.3”
Handlebar Design	Dual action and stationary with heart rate grips
Extras	Water bottle holder, reading rack
Assembled Dimensions (L x W x H)	182 x 84 x 171 cm / 71.6” x 33” x 67”
Assembled Weight	155 kg / 341.7 lbs.
Max User Weight	182 kg / 400 lbs.
Power Requirements	100–240 V — 50/60 Hz AC (may vary by region)
Power Supply	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary by region)