



Functional Trainer

VST600-FT-02

Our Functional Trainer will help fitness enthusiasts strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.

Product availability may vary by region. Please contact your [local office](#) for more information.



User Amenities

Optional Handle Package (VST600-FTHP)	V-Bar, Triceps Rope, Curl Bar
Placards	Muscle call outs, color-coded, start and finish exercise illustrations
Placard Color Coding	Yellow (upper body), blue (lower body), green (core)
Attachment Storage	6 pegs
Multi-grip Pull-up Bars	Various grip angles for variety of exercise

Tech Specs

Product Weight	429 kg / 945 lbs.
Overall Dimensions	155 x 106 x 219 cm / 61" x 41.7" x 86.2"

Weight Stack	
Total Stack Weight	190 kg / 418.8 lbs. (95 kg / 209.4 lbs. per side)
Weight Stack Guarding	Full front and rear shields
Effective Resistance (1:2 Pulley Ratio)	113 kg / 210 lbs. (47.5 kg / 105 lbs. per side)
Frame & Cables	
Frame Finish	Proprietary two-coat powder process
Available Frame Color	Black
Cable Transmission	Internally lubricated cables and fittings
Adjustments	
User Adjustment Range	18 user start options
Color-coded Pivots & Points of Adjustment	Yes