

LATERAL RAISE

VST600-S21



MAKE A STRONG SELECTION

Help the people you serve tone and build their mid-shoulder muscles with a selectorized lateral raise station that's tougher than you can imagine and more comfortable than you'd expect. Independent rotary arm motions encourage a natural path of movement for ultra-smooth performance. It's been tested to withstand over a million reps, more than four times the industry standard, and an easily adjustable ergonomic design makes it comfortable for virtually anyone to sit down and start toning and building their shoulders.

ADJUSTMENTS		FRAME & CABLES		TECH SPECS	
User adjustment range	5 user height positions	Frame color	Matte Black	Overall dimensions	106 × 124.5 × 170.5 cm / 41.7 × 49 × 67.1"
Color coded pivots & points of adjustment	Yes	Frame finish	Proprietary two-coat powder process	Product weight	173.3 kg / 382 lbs.
		Machine anchoring	4 machine anchoring locations		
		Cable transmission	Internally lubricated cables & fittings		

USER AMENITIES		WEIGHT STACK	
Instructional placard	Muscle call outs, start & finish exercise illustrations	Total stack weight	68.2 kg / 150 lbs.
Placard color coding	Yellow (upper body)	Weight plate increments	4.5 kg / 10 lbs.
Contoured seat	Yes	Consistent stack height	Yes
		Weight stack guarding	Full front and rear shields