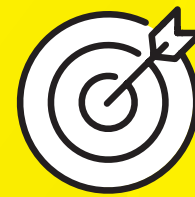


ZIVA

A man in a black t-shirt and shorts is performing a pull-up on a ZIVA commercial gym rack. He is seen from the back, with his arms fully extended upwards, gripping the bar. The rack is a heavy-duty black metal structure with multiple horizontal bars. To the left, a black kettlebell with the number '6' and 'ZIVA' is visible, along with a black weight plate marked '20' and 'ZIVA'. The background is a plain, light-colored wall.

2024
NEW
COMMERCIAL
SOLUTIONS
PART II



SOLUTIONS

XP WALL SYSTEM

The all-new XP Wall is a completely customizable modular system that turns often underutilized wall space into prime gym real estate. This incredible system includes modular racks, training bars, shelving, and our all-new XP Cable, all of which are compatible with all existing XP Rig Attachments, giving the XP Wall unparalleled functionality. Whatever the size of a gym and whatever the kind of its clientele, the XP Wall can be tailored to meet their needs.

- **Unparalleled functionality in previously underutilized wall space**
 - **Completely customizable in size and parts used**
- **Functionality can be tailored from one session to the next with XP Rig Attachments**

XP WALL SYSTEM

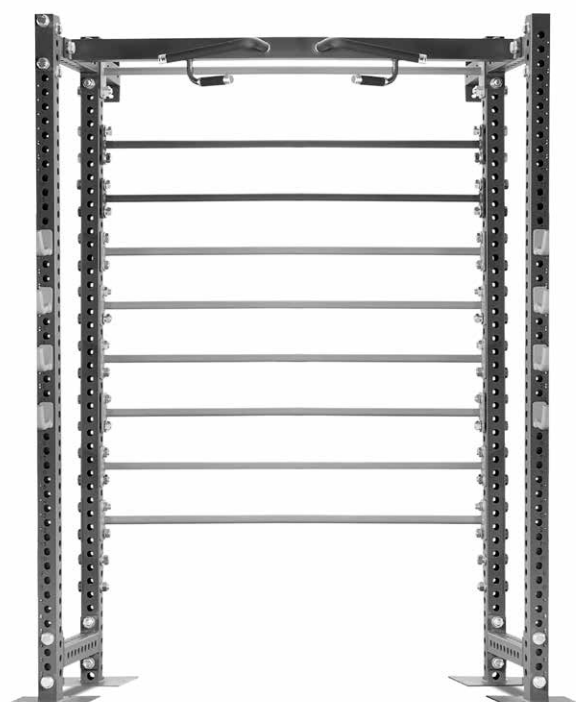
Transform underused wall space into prime gym real estate with the all-new XP Wall System. A completely customizable modular system including a Half Rack, Training Bars, Storage Rack, Calisthenic Bar, and Cable Machine, the XP Wall can be as large or as small as needed based on a given gym's space, and the modules can be mixed and matched to meet the needs of a facility's clientele and programming focus. Every piece in the XP Wall System is compatible with all existing XP Rig Attachments, giving it unparalleled functionality.

The XP Wall System can be set up for any facility's focus. It can be a functional fitness hub for group classes with ball targets, battle ropes, suspension trainer anchors, and dip stations. Make it an ultra-stable wall-anchored strength center of half racks and platforms, Jcups, safety bars, cables, and landmine attachments. Turn it into a storage depot with attachable bar, plate, and resistance band storage. Whatever a gym's needs, the XP Wall System delivers .



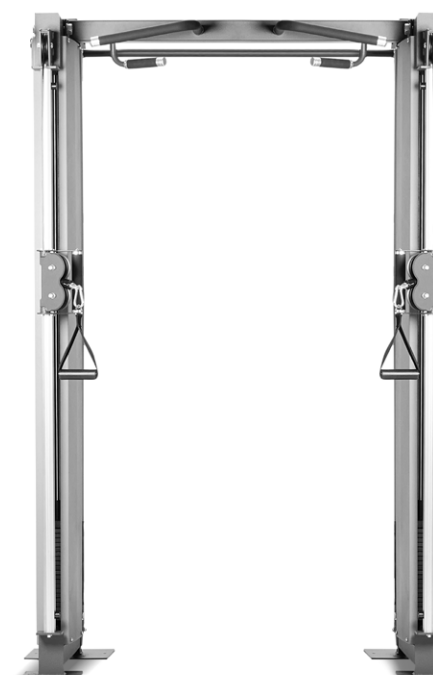
ZXP-SSRG-TP34
XP Wall Storage Rack

The XP Wall Storage Rack sits flush against often underutilized wall space, maximizing gyms' usable area, and storing anything and everything. From plates to dumbbells, kettlebells, bags, and balls of every size, it organizes all equipment close at hand alongside the other components of the modular XP Wall System, enabling an incredible array of workout possibilities while reducing time needed for workouts by keeping everything in one place.



ZXP-SSRG-TP29
XP Wall Training Bars

Stretching, calisthenics, suspension training, and body weight exercise are all about anchors and angles, and XP Wall Training Bars deliver in spades. Slide resistance bands or a suspension system around any of the bars to create a workout station that accommodates several users; use the bars to get deeper stretches in any muscle group; or include challenging calisthenic movements in circuit design to make full use of all the XP Wall System has to offer.



ZXP-RGAT-TP28
XP Wall Cable

The XP Wall Cable delivers all of the incredible versatility of cable with a smooth sliding pulley system, adjustable handle heights, and compatibility with all Cable Attachments. Every muscle group can be targeted from any number of angles and with any number of grips.



ZXP-RKHF-TP33
XP Wall Half Rack

The XP Wall Half Rack is a pivotal piece in the XP Wall System. It puts strength training alongside functional and flexibility, so users can seamlessly move from compound barbell lifts to accessory cable movements and body weight training for synergistic gains across all training categories. The end result is the ultimate realization of what the XP Wall System has to offer: stronger lifts and better performance in less time.

A man in a black t-shirt and shorts is performing a pull-up on a black ZIVA pull-up bar. He is positioned in the center of the frame, with his back to the camera. The bar is mounted on a black metal frame. To the left of the man, there is a black metal rack with several shelves. The top shelf holds two black medicine balls with yellow text: '10 ZIVA' and '12 ZIVA'. The second shelf holds a black bag with yellow text: '20 ZIVA'. The third shelf holds two black kettlebells with yellow text: '14 ZIVA' and '16 ZIVA'. The bottom shelf holds several black dumbbells with yellow text: '17.5 ZIVA', '17.5 ZIVA', '20 ZIVA', and '20 ZIVA'. To the right of the man, there is a black metal rack with several shelves. The top shelf holds two green weight plates with black text: '10 ZIVA' and '10 ZIVA'. The second shelf holds two yellow weight plates with black text: '15 ZIVA' and '15 ZIVA'. The third shelf holds two blue weight plates with black text: '20 ZIVA' and '20 ZIVA'. The bottom shelf holds two red weight plates with black text: '25 ZIVA' and '25 ZIVA'. The background is a plain white wall. The floor is a dark grey. The overall scene is a gym setting with various fitness equipment.

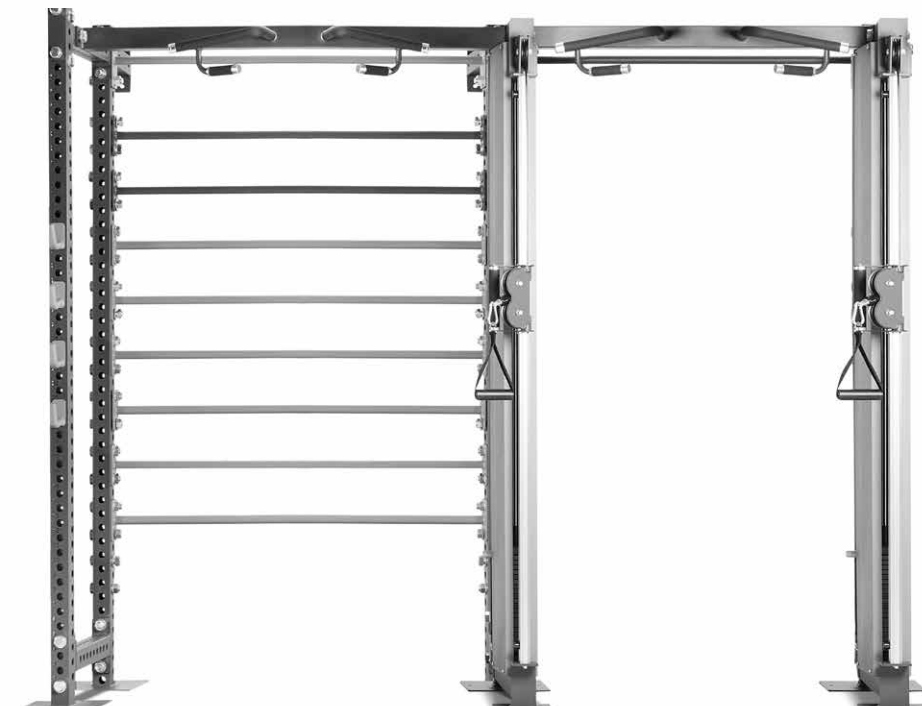
**TRANSFORM WALLS INTO
WORKOUT WONDERS**

XP WALL SYSTEM POSSIBILITIES



Combine calisthenics with cable training to build body weight strength and target areas for extra building ...

Order Code	Item Description
ZXP-RGAT-TP28	XP Wall Cable



... Or join cables with suspension training for greater range of motion and more complete muscular development.

Order Code	Item Description
ZXP-SSRG-TP37	XP Wall Cable + Training Bars

XP WALL SYSTEM POSSIBILITIES



...Or build an all-around hub that houses resistance, stretching, and storage.

Order Code	Item Description
ZXP-SSRG-TP39	XP Wall Storage Rack + Training Bars + XP Wall Cable



... Or double up half racks for multi-trainer squat sessions with pull-ups between sets.

Order Code	Item Description
ZXP-SSRG-TP45	XP Wall Half Rack + Single Pull Up bar + XP Wall Half Rack

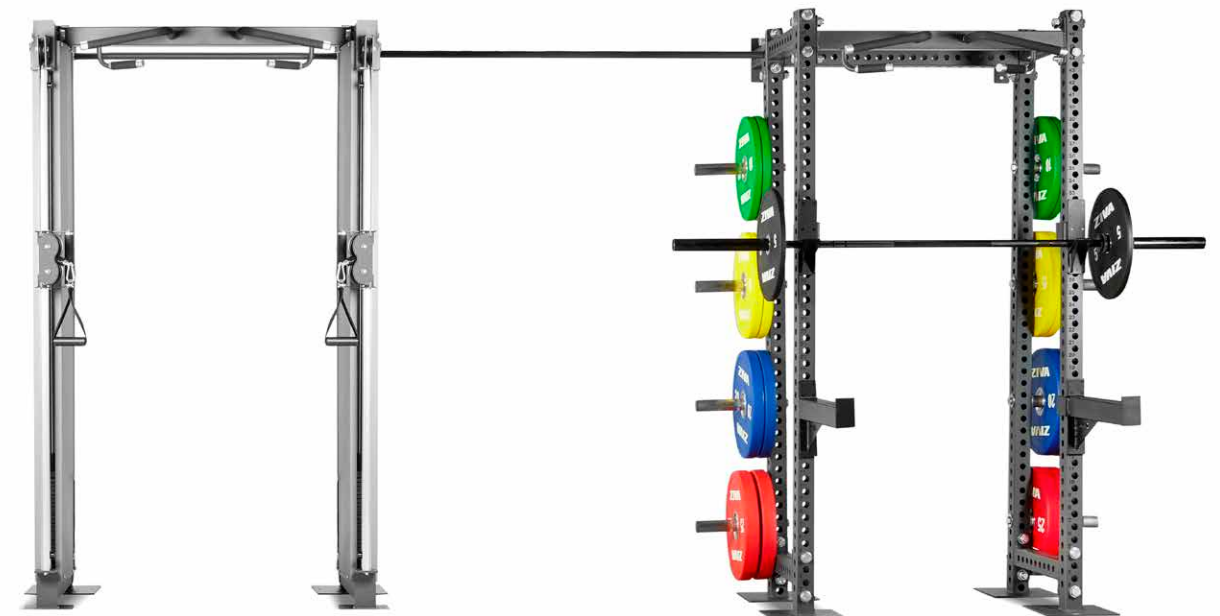


XP WALL SYSTEM POSSIBILITIES



Create a cable and suspension training station where rotational resistance rapidly builds functional fitness...

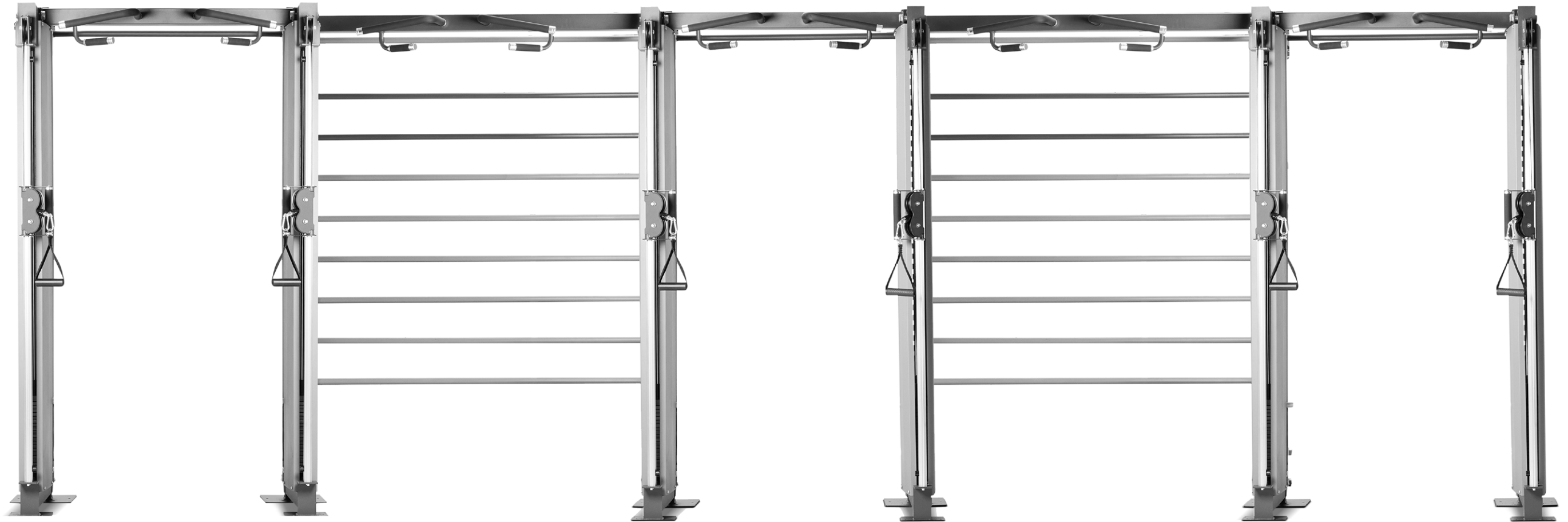
Order Code	Item Description
ZXP-SSRG-TP38	XP Wall Cable + Training Bars + XP Wall Cable



Couple cables with half racks to train powerlifting alongside all powerlifting accessory movements, with calisthenics to boot...

Order Code	Item Description
ZXP-SSRG-TP40	XP Wall Cable + Single Pull Up Bar + XP Wall Half Rack

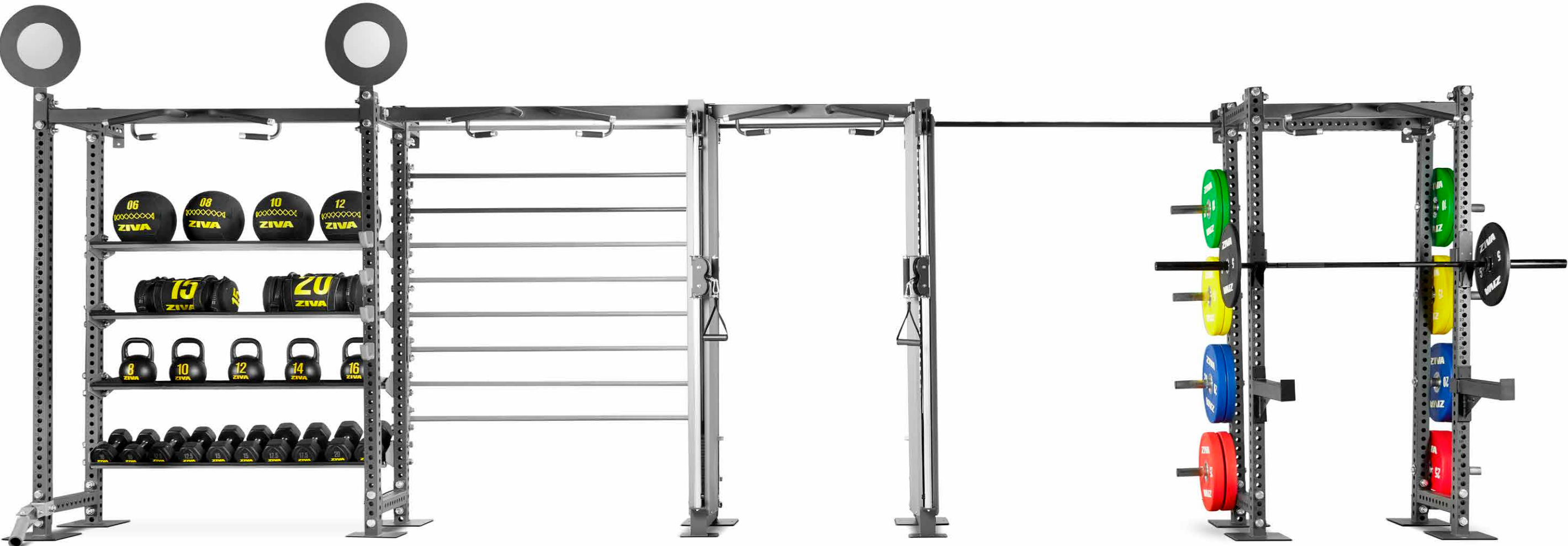
XP WALL SYSTEM POSSIBILITIES



GO BIG ON **ONE THING...**

Order Code	Item Description
ZXP-SSRG-TP41	XP Wall Cable + Training Bars + XP Wall Cable + Training Bars + XP Wall Cable

XP WALL SYSTEM POSSIBILITIES



... OR GO BIG ON **VERSATILITY**

Order Code	Item Description
ZXP-SSRG-TP44	XP Wall Storage Rack + Training bars + XP Wall Cable + Single Pull Up bar + XP Wall Half Rack

XP WALL SYSTEM POSSIBILITIES

AS **LARGE** AS YOU WANT OR AS SMALL AS YOU NEED...



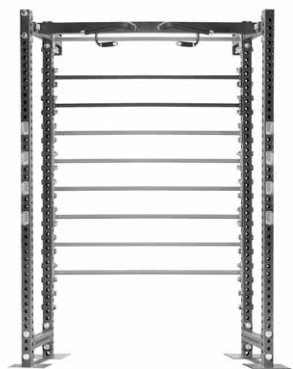
... THE XP WALL SYSTEM MAKES IT POSSIBLE.



Order Code
ZXP-SSRG-TP34

Item Description
XP Wall Storage Rack

Description		XP Wall Storage Rack
Specifications		Made with 3mm thick steel tubing with 4x steel plate shelves lined with protective PU, includes 2x pairs of pull-up handles with rubber grips.
Product Color		Charcoal powder-coated finish
Dimensions		209cm x 115cm x 241cm - 236kg



Order Code
ZXP-SSRG-TP29

Item Description
XP Wall Training Bars

Description		XP Wall Training Bars
Specifications		Made with 3mm thick steel tubing and 9x body weight training bars. Also includes 2x pairs of pull-up grip handles.
Product Color		Charcoal powder-coated finish
Dimensions		209cm x 115cm x 241cm - 153kg



Order Code
ZXP-RGAT-TP28

Item Description
XP Wall Cable

Description		XP Wall Cable
Specifications		Made with 3mm thick steel tubing with 2x pairs of pull-up grip handles. The cable features 2x weight stacks with a 2:1 pull ration and cable heights adjustable with a single hand.
Product Color		Charcoal powder-coated finish
Dimensions		150cm x 123cm x 241cm - 347kg

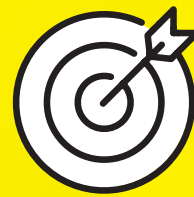


Order Code
ZXP-RKHF-TP33

Item Description
XP Wall Half Rack

Description		XP Wall Half Rack
Specifications		Made with 3mm thick steel tubing with numbered laser-cut holes, locking bolts with locking fasteners, includes 8x stainless steel storage posts, 2x safety arms with protective PU covers and 2x steel J-Cups with protective PU covers.
Product Color		Charcoal powder-coated finish
Dimensions		186cm x 154cm x 241cm - 155kg





SOLUTIONS

XP HALF RACK CABLE

A revolutionary addition to our fitness lineup, the XP Half Rack Cable redefines space efficiency and exercise versatility. Designed to merge the robust functionality of a traditional half rack with the dynamic capabilities of an integrated cable system, this innovative equipment empowers users to explore previously impractical combinations of compound and isolation movements in a single, compact area. Ideal for facilities looking to maximize their space without compromising on the diversity of their workout offerings, the XP Half Rack Cable opens up a new realm of workout possibilities while maintaining ZIVA's signature sleek aesthetic and durable construction.

- **Integrated cable stack for exponentially greater functionality**
- **Compatibility with existing XP products and cable attachments**
 - **More efficient utilization of gym floorspace**

XP HALF RACK CABLE

The revolutionary ZIVA® XP Half Rack & Cable is the ultimate hybrid of functionality and gym space efficiency. This innovative piece combines the robust XP Half Rack with Storage - including 8x stainless steel-coated storage posts, 2x J-Cups, and 2x Safety Arms - with a seamlessly integrated cable stack, delivering unmatched versatility with an incredibly compact footprint. Constructed from thick steel tubing with a scratch-, rust-, and corrosion-resistant black powder coating, the Rack's structure includes precision laser-cut holes along its entire surface, allowing the addition of any XP Rig Attachment and thus making this a fully customizable piece of equipment that offers previously undreamt of functionality and flexibility. The integrated cable stack enhances that functionality exponentially, providing a smooth pulley system that allows for adjustable handle heights from floor to ceiling compatible with all ZIVA Cable Attachments. This seamless integration ensures that users can engage in an extensive range of workouts without moving from one place to another or needing additional equipment.

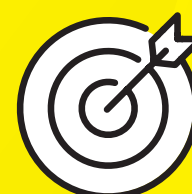


Order Code
ZXP-RKHF-TP32

Item Description
XP Half Rack Cable

Description		XP Half Rack Cable
Specifications		Made with 3mm thick steel tubing with numbered laser-cut holes, locking bolts with locking fasteners, includes 8x stainless steel storage posts, 2x safety arms with protective PU covers and 2x steel J-Cups with protective PU covers. The cable features 2x weight stacks with a 2:1 pull ration and cable heights adjustable with a single hand.
Product Color		☒ Black / Black Panels ☒ Charcoal / Grey Panels
Dimensions		181cm x 222cm x 241cm - 473kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts





SOLUTIONS

XP CABLES

ZIVA®'s new XP Cables offer endless possibilities for high-intensity workouts by housing components specialized for compound movements next to components specialized for isolation movements. This means faster, more flexible workouts peppered with previously impractical exercise combinations that elevate the excitement of every training session. The XP Cables are also compatible with ZIVA Cable Bars, opening to the door to even greater functionality and choice.

- **Allows users to jump from compound to isolation exercises in a flash**
- **Make the most of available gym floor space by packing more functionality into a tighter package**
- **Encourages users to try previously impractical exercise combinations**

XP CABLE RIG

The ZIVA® XP Cable Rig is a groundbreaking fusion of traditional cable stack with the unparalleled adaptability of the XP Rig. The XP Cable component boasts a smooth-running pulley system, that ensures flawless operation with handles that can be set at any height, and it's fully compatible with all ZIVA Cable Attachments, offering endless workout possibilities. The integrated XP Rig accommodates all XP Rig Attachments — including options for storage and functional, strength, or suspension training — for extensive customization and an incredible array of functionality, transforming the way gyms are able to utilize their floor space.



Order Code
ZXP-SSRG-TP30

Item Description
XP Cable Rig

Description		XP Cable Rig
Specifications		Made with 3mm thick steel tubing with numbered laser-cut holes, locking bolts with locking fasteners, includes 8x stainless steel storage posts, a flying pull-up bar, 2x safety arms with protective PU covers and 2x steel J-Cups with protective PU covers. The cable features 2x weight stacks with a 2:1 pull ration and cable heights adjustable with a single hand.
Product Color		☒ Black / Black Panels ☒ Charcoal / Grey Panels
Dimensions		186cm x 237cm x 241cm - 448kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts

XP HALF RACK RIG

Designed to deliver the utmost stability and safety, the XP Half Rack Rig is made to meet the demands of heavy squats, presses, and more. It comes standard with built-in storage for Olympic plates and bumpers, making it a one-stop station for all compound lifts, but its true power lies in its versatility. Like most XP Racks and Rigs, the XP Half Rack Rig is compatible with most XP Rig Attachments and with the XP Cable Station, allowing for a wide range of customizations, maximum floor space utilization, and functionality that defies easy categorization.



Order Code
ZXP-SSRG-0784

Item Description
XP Half Rack Rig

Description		XP Half Rack Rig
Specifications		Made with 75*75*3mm square tubing with numbered laser-cut holes. Include 8 stainless steel storage posts, a flying pull-up bar, 2x safety arms with protective PU covers and 2x steel J-Cups with protective PU covers.
Product Color		☒ Black powder-coated finish ☒ Charcoal powder-coated finish
Dimensions		186cm x 139cm x 241cm - 153kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts

XP CABLE STATION

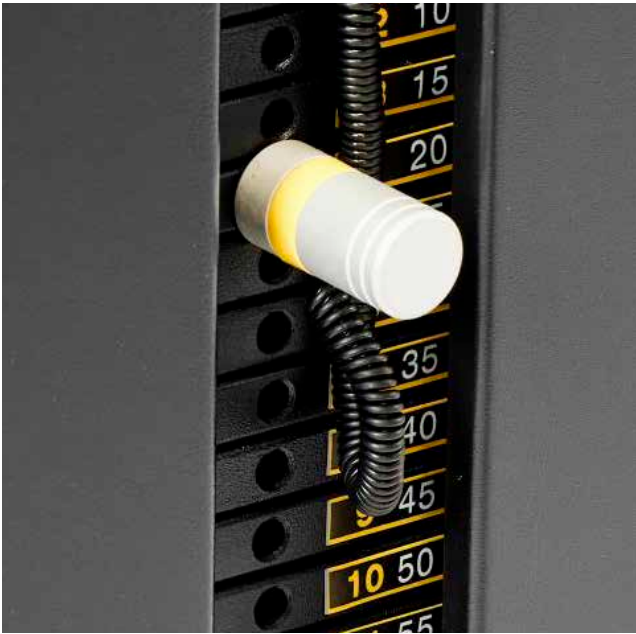
The ZIVA® XP Cable Station represents a revolutionary integration of traditional cable stack with the dynamic versatility of our XP range of rigs and racks, setting a new standard for exercise variety and space utilization. This innovative combination introduces a seamless, smooth operating pulley system to this range, thus allowing movement from XP rig and rack body weight exercises, heavy strength training, and suspension exercises, to all that a cable machine is capable of, all without having to move around the gym. It increases total gym floor efficiency, elevating the overall workout experience with previously impractical exercise pairings.

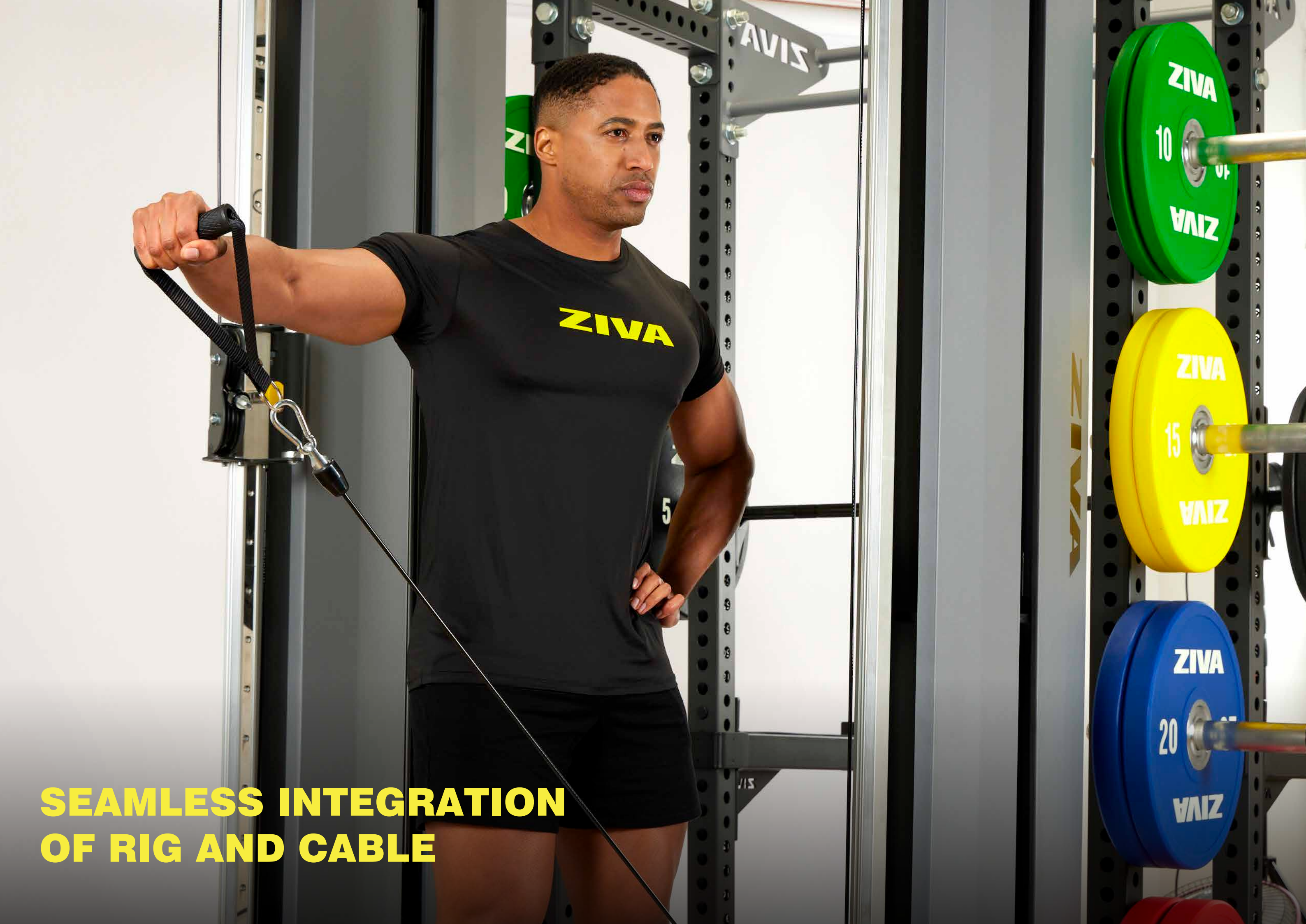


Order Code
ZXP-RGAT-0260

Item Description
XP Cable Station

Description		XP Cable Station (Rig not included)
Specifications		Laser-cut with powder-coated finish, 3mm thick steel frame, zinc-coated hardware, commercial grade cable and pulley system. 2 to 1 letdown ratio, 5kg increments, precision cast plates, 70kg weight stack
Product Color		☒ Black / Black Panels ☒ Charcoal / Grey Panels
Dimensions		120cm x 22cm x 241cm - 148kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts





**SEAMLESS INTEGRATION
OF RIG AND CABLE**

ZVO URETHANE CABLE ATTACHMENTS

ZVO Urethane Cable Attachments are the best of the best for materials, construction, and design but their real strength lies in how light they are. These Cable Attachments do not weigh down the pulley and make the weight or handle height more difficult to adjust; they do not damage cable machines when they inevitably swing into them; and they do not hurt if and when users accidentally bonk themselves with them. And their skin with all around texturing adds the functional benefit of being super grippy, giving users greater endurance for greater gains.



Order Code	Item Description	Order Code	Item Description
ZVO-SRDH-6619	Premium Urethane Seated Row Double Handle	ZVO-MTBR-6514	Premium Urethane Multi-Exercise Bar
ZVO-LTBR-6511	Premium Urethane Long Lat Bar - 120cm	ZVO-ATCB-6620	Premium Urethane Angled Tricep Bar
ZVO-TCSB-6616	Premium Urethane Straight Tricep Bar - 43cm	ZVO-TCVR-6513	Premium Urethane Bent Tricep Bar - 54cm
ZVO-CBHD-6621	Premium Urethane Stirrup Handle	ZVO-STHD-1437	Premium Urethane Handle
ZVO-PLBR-6512	Premium Urethane Short Lat Bar Handle - 76cm		

Description		ZVO Urethane Cable Attachments
Specifications		Assorted cable station attachments
Handle		Premium urethane bars
Color Options		Black
Warranty		Limited 5 year warranty

ST ACCESSORY BOX

The ST Accessory Box from ZIVA® is the ultimate organizational solution for all the accessories, odds, and ends that always seem to be looking for a well-designed home in the gym. Designed to house a wide range of gym accessories — from ab wheels and resistance bands to Olympic barbell clamps and dip belts — this storage box addresses the common challenge of cluttered gym floors. Its construction not only offers a designated spot for every piece of equipment but also enhances the overall look of your gym with ZIVA's signature premium design. The ST Accessory Box ensures a tidier, safer workout environment and a seamless visual experience, embodying ZIVA's commitment to excellence in both form and function.



Order Code	Item Description
ZST-SBXC-0100	ST Accessory Box

Description		ST Accessory Box
Specifications		50mm diameter round tubing and 2mm thick steel with 5mm thickness mat
Color Options		Black
Dimensions		145cm x 50cm x 75cm - 70kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on rubber parts



ZIVA

**THE BEST OF THE BEST
CABLE ATTACHMENTS**



SOLUTIONS

SL AND XP2 BUMPER DISCS

With an eye on the rapidly expanding population of Olympic lifters, we have created a new, premium rubber mix for our SL and XP2 Bumper Discs. Both now feature a reformulated rubber composition and delivers greater cost-effectiveness at the same time as it gives solid performance. On the XP2, this means quality at a more attractive price, and on the SL, with its easy sliding, stainless steel inserts, and great performance.

SL Bumper Discs:

- New premium urethane formulation
- Chrome hub for clamp free lifting
- 450mm diameter

XP2 Bumper Discs:

- Economical solution for Olympic lifters
- Stainless steel insert
- 450mm diameter

SL BLACK URETHANE COMPETITION BUMPER DISCS

The SL Urethane Black Bumper Disc is made tough to absorb the repeated shock of drops from height that come with Olympic training. They use high durability urethane coats to deliver long-lasting protection, and are crafted with beveled edges for easy pick up. The discs' hub inserts are made from scratch- and rust-resistant chrome that improve their ability to slide on and off the bar, so pace of training can stay consistently high energy and high intensity.



Order Code	Item Description
ZSL-BDPU-3555	SL Black Urethane Competition Bumper Disc With Chrome Hub 5kg
ZSL-BDPU-3556	SL Black Urethane Competition Bumper Disc With Chrome Hub 10kg
ZSL-BDPU-3557	SL Black Urethane Competition Bumper Disc With Chrome Hub 15kg
ZSL-BDPU-3558	SL Black Urethane Competition Bumper Disc With Chrome Hub 20kg
ZSL-BDPU-3559	SL Black Urethane Competition Bumper Disc With Chrome Hub 25kg

Description		SL Black Urethane Competition Bumper Disc
Coating		Ultra-premium urethane surface coating
Color Options		Black / White Black / Green Black / Yellow Black / Blue Black / Red
Increments		5kg increments
Warranty		Limited 4 year warranty

XP2 RUBBER BLACK BUMPER DISC

ZIVA® XP2 Rubber Black Bumper Discs deliver budget-friendly Olympic lifting for gyms across all levels. These discs are crafted with cost-effective, noise-minimizing rubber that efficiently protects floors from the rigors of Olympic drops, while their contoured edges enhance ease of handling. Featuring central chrome inserts for frictionless loading and unloading, and smooth rotation on Olympic bars, these discs offer a practical, no-frills solution to gyms' weightlifting needs. Ideal for facilities seeking an accessible entry point into Olympic lifting, they represent an economical choice without compromising on the essentials of performance and floor safety.

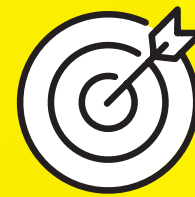


Order Code	Item Description
ZXP-BPRB-0539	XP2 Rubber Black Bumper Disc with Chrome Hub 5kg
ZXP-BPRB-0540	XP2 Rubber Black Bumper Disc with Chrome Hub 10kg
ZXP-BPRB-0541	XP2 Rubber Black Bumper Disc with Chrome Hub 15kg
ZXP-BPRB-0542	XP2 Rubber Black Bumper Disc with Chrome Hub 20kg
ZXP-BPRB-0543	XP2 Rubber Black Bumper Disc with Chrome Hub 25kg

Description		XP2 Rubber Black Bumper Disc
Coating		Robust rubber coating
Color Options		Black / Grey / White
Increments		5kg increments
Warranty		Limited 1 year warranty



**AFFORDABILITY MEETS
OLYMPIC STANDARDS**



SOLUTIONS

XP WALL BALL PRO

How do you make the best even better? With improvements to structure, manufacture, and design, the XP Premium Wall Ball PRO is the answer. We have taken the absolute pinnacle of durability and increased the strength of its stitching and the robustness of its premium textured synthetic leather panels. At the same time, we have added an inner core that makes the XP Wall Ball PRO rounder, making it more challenging for users' grip and more directly transferable to certain ball sports.

- **Stronger, more robust construction**
 - **Better for ball sport training**
 - **Better for ball sport training**

XP WALL BALL PRO

The XP Wall Ball Pro pushes the envelope of durability and design beyond the previously possible. This full-body strength, coordination, and intense cardio tool has been significantly upgraded with a more fully rounded inner core, upping the challenge to users' grips and making training with this tool more directly applicable to ball sports. And the XP Wall Ball Pro has been made even tougher than its predecessor with strengthened stitching along every seam of its premium textured synthetic leather outer casing. This elite-level equipment is sure to inspire and push users to new levels of performance, building explosive power, cardiovascular endurance, and quick reflexes through all the compound movements this tool makes possible.

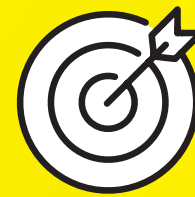


Order Code	Item Description	Order Code	Item Description
ZVO-FTWB-9651	XP Wall Ball Pro 3kg	ZVO-FTWB-9656	XP Wall Ball Pro 8kg
ZVO-FTWB-9652	XP Wall Ball Pro 4kg	ZVO-FTWB-9657	XP Wall Ball Pro 9kg
ZVO-FTWB-9653	XP Wall Ball Pro 5kg	ZVO-FTWB-9658	XP Wall Ball Pro 10kg
ZVO-FTWB-9654	XP Wall Ball Pro 6kg	ZVO-FTWB-9659	XP Wall Ball Pro 12kg
ZVO-FTWB-9655	XP Wall Ball Pro 7kg		

Description		XP Wall Ball Pro
Specifications		Made with premium textured synthetic leather outer casing and hard-wearing stitching
Product Color		Black / Grey Black / Yellow
Increments		1kg increments and 12kg
Warranty		Limited 1 year warranty



KEEPS ITS SHAPE WHILE
USERS GET IN SHAPE



SOLUTIONS

EX OLYMPIC BENCHES

ZIVA® proudly extends its legacy of innovation and quality into the heart of strength training with our EX Olympic Benches. This expansion is more than just an addition to our product line; it's a deepened commitment to the Strength category, responding to the growing demands of Olympic lifters, powerlifters, and bodybuilders. With the launch of the EX Olympic Decline, Incline, and Flat Benches, we aim to not only meet the exacting standards of these dedicated athletes but to elevate their training experiences to new heights with the safest, most stable, most aesthetically superior equipment.

- **Engineered for peak performance with an unwavering focus on stability and safety**
- **Optimized for engagement of target muscle groups, enhancing the effectiveness of every rep**
 - **Space-efficient, aesthetically superior design**

EX OLYMPIC DECLINE BENCH

Designed to handle elite athletes’ training loads, the EX Olympic Decline Bench embodies ZIVA®’s commitment to excellent performance and eye-catching aesthetics. Crafted with robust steel tubing and plate finished with a rust- and scratch-resistant black powder coat, it’s made to last in high traffic, high intensity commercial gym settings. Its sturdy yet comfortable foam bench, wrapped in a sleek, leather-textured PVC skin, sits at a 20-degree decline perfect for targeting the lower pectoral muscles while an adjustable padded leg holder further enhances safety, stability, and comfort. The inclusion of 6x stainless steel-coated storage posts for weight plates maximizes efficient use of gym space, making this an indispensable piece for any gym.



Order Code
ZEX-DCBP-TP07

Item Description
EX Olympic Decline Bench

Description		EX Olympic Decline Bench
Specifications		Made from 3mm thick steel tubing with 6 stainless steel storage posts, uses locking bolts, extra stable rubber footpads, PU protectors on the racking slats, and features a double-stitched inner pad of PU foam.
Product Color		Black powder-coated finish
Dimensions		171cm x 184cm 129cm - 102kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts

EX OLYMPIC INCLINE BENCH

The ZIVA® EX Olympic Incline Bench is a must-have for any facility hoping for a thriving membership of strength, power, and bodybuilding enthusiasts. With a structure of heavy-duty steel tube finished with a rust- and scratch-resistant black powder coat, is built to endure the rigors of heavy use and heavy traffic while maintaining a sleek, premium look. Set at a precise 45-degree angle for optimal upper pectoral engagement, it features an adjustable, foam-padded seat and bench wrapped in a durable, double-stitched leather-textured PVC skin. It comes equipped with 6x built-in stainless steel-coated storage posts for weight plates, enhancing convenience and safety. The addition of a steel plate for spotters to stand on ensures an extra layer of security during intense lifting sessions.



Order Code
ZEX-ICBP-TP08

Item Description
EX Olympic Incline Bench

Description		EX Olympic Decline Bench
Specifications		Made from 3mm thick steel tubing with 6 stainless steel storage posts, uses locking bolts, extra stable rubber footpads, PU protectors on the racking slats, features a double-stitched inner pad of PU foam, and uses a new, smoother operating technology for shifting the seat's position.
Product Color		Black powder-coated finish
Dimensions		171cm x 166cm x 173cm - 137kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts

HEAVY-DUTY BENCH FOUNDATION



EX OLYMPIC FLAT BENCH

The all-new ZIVA® EX Olympic Flat Bench combines one of the most traditional strength training essentials with an unrivalled aesthetic that elevates its surroundings. The structure is crafted from thick steel tubing and plate, ensuring durable stability regardless of workout intensity while the Bench's surface, a high-density foam pad wrapped in double-stitched, leather-textured PVC skin, offers superior comfort and longevity. Designed to cater to the serious strength trainer, powerlifter, and bodybuilder, this bench also features 6x stainless steel-plated storage posts for weight discs, so sets progress smoothly and efficiently.

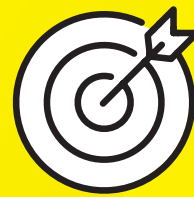


Order Code
ZEX-FLBP-TP06

Item Description
EX Olympic Flat Bench

Description		EX Olympic Flat Bench
Specifications		Made from 3mm thick steel tubing with 6 stainless steel storage posts, uses locking bolts, extra stable rubber footpads, PU protectors on the racking slats, and features a double-stitched inner pad of PU foam.
Product Color		 Black powder-coated finish
Dimensions		171cm x 160cm x 137cm - 98g
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts





SOLUTIONS

MULTI-GRIP KNEE RAISE/DIP/PULL-UP STATION

Combine innovative design with functional excellence and you get our new Multi-Grip Knee Raise/Dip/Pull-Up Station, a premium piece of equipment meticulously crafted to cater to a diverse range of fitness levels and goals. Featuring multiple grip options that allow for an extensive variety of core-strengthening exercises, this station is engineered for durability and aesthetic appeal. It integrates seamlessly into any high-end fitness environment, providing users with a challenging yet accessible tool for enhancing their core workout regimen.

- **Designed to withstand intense use, providing a reliable foundation for body weight exercises**
- **Crafted for comfort but engineered for performance with padding to reduce strain and improve form**
 - **Maximizes workout possibilities in minimal space**

COMPREHENSIVE CORE AND UPPER BODY TRAINING



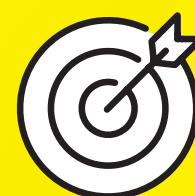
MULTI-GRIP KNEE RAISE/DIP/PULLUP STATION

The ZIVA® Multi-Grip Knee Raise/Dip/Pull-up Station is the ultimate in stability for a variety of bodyweight exercises. Crafted from heavy-duty steel tubing and coated with a rust- and scratch-resistant black powder, this versatile station is built for every commercial gym setting. Its ergonomically designed arm pads provide a comfortable base while its reduced profile back pad allows for greater range of motion. All pads are made from durable hard foam and enveloped in double-stitched, leather-textured PVC skin, promising both comfort and durability. Equipped with non-slip grips for knee raises and dips, and offering both wide and close grips for pull-ups, this station caters to users of all skill levels.



Order Code	Item Description
ZEX-VKRG-TP23	Multi-Grip Knee Raise/Dip/Pullup Station

Description		Multi-Grip Knee Raise/Dip/Pullup Station
Specifications		Made from 3mm thick steel tubing, double-stitched padding, 3x pairs of differently angled grips, and extra stable rubber footpads.
Product Color		 Black powder-coated finish
Dimensions		127cm x 111cm x 238cm - 118kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts



SOLUTIONS

HIP THRUSTERS

Designed for commercial gyms that champion time-tested approaches to strength and fitness, ZIVA® hip thrusters help users enhance their deadlifts and squats, as well as overall physique, through targeted glute and hamstring development. It boasts a sleek, no-frills design that gives gyms focused on strength and muscle building, and the deadlift, squat, and Olympic lifts the perfect platforms for breaking through PR plateaus.

- **Perfectly angled footbases for perfect glute targeting**
- **High durability steel and padding to last a lifetime**
- **The right tools for smashing PR plateaus**

HIP THRUST STATION

The ZIVA® Hip Thrust Station is a no-nonsense glute and hamstring training platform that will greatly enhance users' strength for deadlifts, squats, and Olympic lifts. This Hip Thrust Station's innovative design includes an angled foot base and an adjustable angle back pad, made from dense foam and encased in durable PVC skin that allows for comfort even during intense training sessions. The raised bar rests enable easier workout setup for users of all sizes while the 4x resistance band pegs allow for custom weight loading that changes the dynamic of the lift.

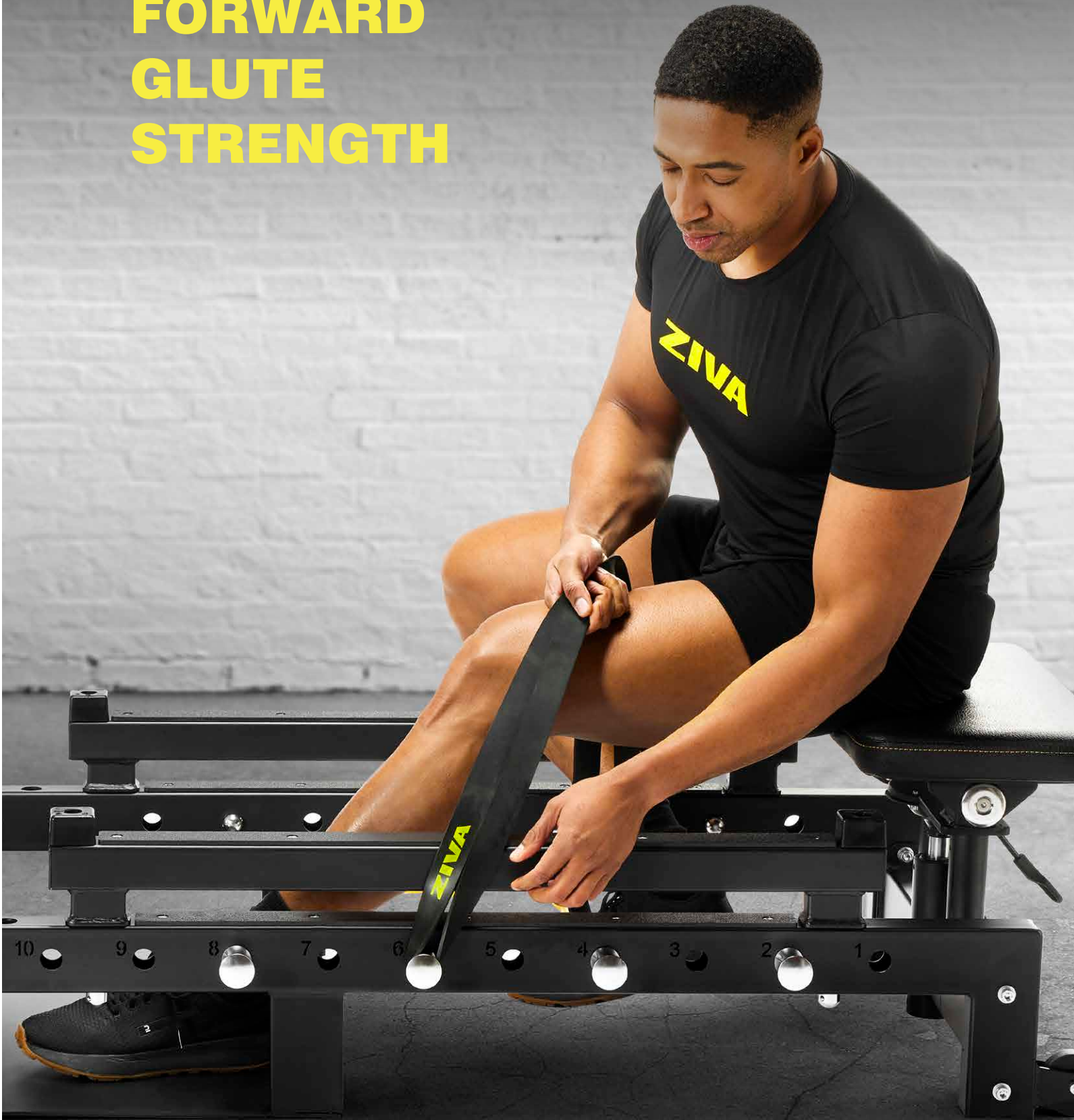


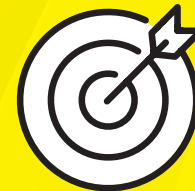
Order Code
ZXP-HTSB-TP14

Item Description
Hip Thrust Station

Description		Hip Thrust Station
Specifications		Made with a steel anti-slip foot plate, 3mm thick steel tubing, locking bolts, double-stitched padding on the adjustable back pad, 8x stainless steel resistance band pegs, PU protectors on the lift-off bars, and PU wheels for easy mobility.
Product Color		 Black powder-coated finish
Dimensions		85cm x 176cm x 52cm - 100kg
Warranty		Limited 10 year warranty on frames and welding, 1 year on plastic parts

STRAIGHT
FORWARD
GLUTE
STRENGTH





SOLUTIONS

POWERWAVE BAG

The twists, turns, and compound movements of functional fitness bag workouts are taken to their most versatile and extreme with the unique design features of this Signature piece. Curved to fit comfortably over the back of the neck during squats, lunges, and similar exercises; heavy duty yet flexible straps specially designed for swinging; hardcore, wide-grip handles; and weighted pads strategically located across its body make this incredibly versatile, incredibly durable bag a revolutionary piece of equipment.

Powerwave Bag:

- Ergonomic design is both practical and comfortable
- Above premium quality construction and materials
- Opens endless possibilities for workout creativity

POWERWAVE BAG

The PowerWave Bag, born from a collaboration with the original creators of the PowerWave, sets a new standard for bag-based workouts. Its distinct, slightly curved design means it cradles perfectly over the back of the neck or across and shoulder and ergonomically placed cushions provide further comfort as well as even weight distribution. Its topside handles make the PowerWave useful as a functional fitness barbell stand-in, while the underside looping strap handles are ideal for swinging rotational movements, or simply as security for when users’ grips fail. However the PowerWave is woven into a workout, it pushes functional fitness training sessions to new highs with its versatility and style.



Order Code	Item Description
ZMT-PWVE-6180	PowerWave Apollo 4kg
ZMT-PWVE-6181	PowerWave Super 7kg
ZMT-PWVE-6182	PowerWave Spartan 12kg
ZMT-PWVE-6183	PowerWave Beast 20kg
ZMT-PWVE-6190	PowerWave Group Exercise 15 Pieces Set (12 x 7kg, 3 x 12kg)
ZMT-PWVE-6191	PowerWave Training Exercise 6 Pieces Set (3 x 7kg, 2 x 12kg, 1 x 20kg)

Description		PowerWave
Specifications		Made from hard-wearing nylon & PP rope and with a nylon cover, rubber handles and a steel ring
Color Options		 Black / Yellow
Warranty		Limited 1 year warranty



A NEW STANDARD FOR BAG-BASED WORKOUTS

ZIVA

— THE WAY TO LIVE —

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