

LAT PULLDOWN

VST600-PL33



FOR LASTING DURABILITY & INCREDIBLE RESULTS

Count on our lat pulldown station to help strength training enthusiasts build their major back muscles with diverging independent arms and a natural, effective path of motion. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.

- Independent converging motions encourage a natural and effective path of movement
- Molded polyurethane foam pads and contoured touchpoints for comfort
- Gas-assisted seat adjustment
- Built-in band pegs allow for resistance training
- Four weight storage horns



FRAME

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

TECH SPECS

Overall Dimensions	168.8 × 162.3 × 195.5 cm / 66.5 × 63.9 × 77"
Product Weight	147 kg / 325 lbs.
Max. User Weight	150 kg / 330 lbs.
Max. Training Weight	300 kg / 660 lbs.
Starting Resistance	3.7 kg / 8 lbs.

USER AMENITIES

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training
Weight-Storage Horns	4 weight-storage horns for max. 25-kg / 55-lb. plates